



Bharatiya Gyanvardhini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune- 411033.

NCTE Code No. : APW00791/123125

Affiliated to University of Pune



**PRESIDENT**  
Shri. S.S. Tiwari  
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**PRINCIPAL**  
Dr. Nirmala Tapkeer  
(M.A.M.Ed Ph.D) ( Edu. )

**Academic Year 2023-24**

**Outreach Program or Activities**

Sr. No.	Name of Activity	Date	No. Of Participants	Percentage of Participants
1	Guidance and Counseling Adolescent Students	21/02/2024	90/101	90
2	Reading day	14/10/2023	67/101	67
3	Health Checkup	02/01/2024	32/101	32
4	Tree Plantation	24/01/2024	90/101	90
5	NGO Visit	30/12/2023	29/101	29



  
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## Guidance and Counseling Report for Adolescent Students

### 1. Introduction:

The Guidance and Counseling cell at Kantilal Khinwasara College of Education aims to foster the personal, social, and academic growth of adolescent students. This report presents an overview of the activities, interventions, and outcomes of the guidance and counseling services provided during the entire academic year .

### 2. Objectives:

- To provide emotional and academic support to adolescent students.
- To identify and address personal, academic, and social challenges faced by students.
- To equip students with skills for effective decision-making, problem-solving, and personal development.
- To promote mental well-being and foster a supportive learning environment.

### 3. Activities Conducted:

#### A. Orientation Program:

At the beginning of the academic year, an orientation session was held for all students to introduce the Guidance and Counseling services. The objective was to familiarize them with the resources available for their personal and academic well-being.

#### B. Group Counseling Sessions:

Monthly group counseling sessions were conducted focusing on:

- Time management
- Stress management
- Enhancing study skills



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- Peer relationships and social skills development

### C. Individual Counseling:

Students were provided one-on-one counseling sessions based on specific requests or referrals by faculty. Topics addressed included:

- Academic difficulties
- Emotional well-being
- Career planning
- Personal issues

### D. Career Guidance Workshops:

To help students plan their future, career workshops were conducted in collaboration with industry professionals. The topics covered:

- Exploring career options in education
- Preparing for competitive exams


### E. Parental Involvement:

Periodic meetings were held with parents to discuss their children's progress and challenges. These meetings facilitated better communication and understanding between the college and home environments.

### 4.Outcomes:

- Improved Academic Performance: Students who actively participated in the counseling sessions reported better academic outcomes, with improved focus and study habits.
- Increased Emotional Resilience: There was a noticeable improvement in students' ability to manage stress and emotional issues.



  
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- Enhanced Decision-Making Skills: Workshops helped students make informed choices regarding their academic and career paths.
- Strengthened Social Bonds: Group sessions helped students develop better interpersonal relationships and foster a sense of community.

### 5. Challenges Faced:

- Limited Participation: Some students were hesitant to seek counseling, either due to stigma or lack of awareness about its benefits.
- Time Constraints: Balancing counseling activities with academic schedules was challenging for both students and counselors.
- Parental Resistance: Some parents were initially reluctant to engage with the counseling process, but consistent efforts were made to involve them.



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## Report on A.P.J. Abdul Kalam Wachan Prerna Din (Reading Inspiration Day)

**Date: 14th October 2023**

### 1. Introduction:

The Kantilal Khiwansara College of Education celebrated "Wachan Prerna Din" (Reading Inspiration Day) on 14th October 2023 to honor the birth anniversary of Dr. A.P.J. Abdul Kalam, India's former President and renowned scientist. This day is marked as a celebration of reading and lifelong learning, inspired by Dr. Kalam's belief in the power of education and knowledge. The event was organized by students and professors of the college, featuring speeches, cultural performances, and discussions that focused on Dr. Kalam's life and vision.

### 2. Objective:

- To inspire students to cultivate the habit of reading.
- To pay tribute to Dr. A.P.J. Abdul Kalam and his contributions to education and science.
- To encourage the pursuit of knowledge as a means to achieve success and serve society.

### 3. Programme Details:

#### A. Chief Guest and Dignitaries:

The event was graced by our esteemed chief guest, Dr. Nirmala Tapkeen, the Honorable Principal of our College. She was accompanied by the cultural head, Prof. Shailifa Chaturvedi, and other distinguished faculty members. Their presence added great significance to the occasion.



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#### B. Inauguration:

The programme began with the traditional lighting of the lamp by our chief guest, Dr. Nirmala Tapkeen, along with the event's organizer, Prof. Shailifa Chaturvedi. This was followed by a short puja ceremony, seeking blessings for the success of the event.

#### C. Informative Speech by Supriya Rajapurkar:

The first session began with an insightful speech delivered by Supriya Rajapurkar, a student of the college. She provided an informative overview of Dr. A.P.J. Abdul Kalam's life, his achievements, and the values he championed. She quoted Dr. Kalam, emphasizing, "If four things are followed—having a great aim, acquiring knowledge, hard work, and perseverance—anything can be achieved." Her words served as an inspiration to everyone present and set a motivating tone for the rest of the event.

#### D. Anchoring by Swati Apte:

Following Supriya's speech, Swati Apte took over as the anchor for the remainder of the event. She engaged the audience with her well-researched and insightful commentary on Dr. Kalam's vision for education and his advocacy for reading. Her speech reflected the values of knowledge and perseverance, which were central to Dr. Kalam's philosophy.

#### E. Address by Prof. Shailifa Chaturvedi:

The cultural head and event organizer, Prof. Shailifa Chaturvedi, delivered a stirring address on the occasion of Reading Inspiration Day. She highlighted the importance of cultivating a habit of reading not only for academic growth but also for personal enrichment. She encouraged students to read widely, emphasizing how reading can broaden one's worldview and help in the pursuit of excellence.

#### F. Speech by Dr. Nirmala Tapkeen:





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Our chief guest, Dr. Nirmala Tapkeen, took to the stage to deliver her keynote address. She spoke passionately about Dr. A.P.J. Abdul Kalam's vision for India as a knowledge superpower and the critical role education plays in nation-building. She urged students to adopt Dr. Kalam's values of humility, hard work, and dedication, reminding them that reading is the foundation upon which lifelong learning and success are built.



  
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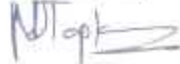


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Kantilal Khinwsara College of Education, Thergaon, Pune 33.

**NOTICE**

**Date-30.12.2023**

All student teachers are informed that Course No. 112 under Health Check-up Camp will be conducted on Tuesday, 02/01/2024 at 02.00 pm. In college Campus. So attendance is compulsory.

Head of Dept.

Prof. J.R. Davkhar

Principal

Principal

Dr. Nirmala Tapkeer

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# आरोग्य तपासणी शिबीर

दिनांक - 02-09-2024

वेळ - दुपारी 2 ते 8

विषय - आरोग्य तपासणी शिबीर

शिबिराचे आयोजन - कांतीलाल खिंवसरा बी. एड

महाविद्यालय शेरगाव

कांतीलाल खिंवसरा बी. एड महाविद्यालय

शेरगाव या कॉलेजमध्ये दिनांक - 02-09-2024 रोजी

आरोग्य तपासणी शिबिराचे आयोजन Agious Diagnostics

या संस्थेमार्फत करण्यात आले. या शिबिरामध्ये डॉ. फडके सर

यांचे कोलेस्टेरॉल व मधुमेह या विषयावर खूप छान प्रकारे

मार्गदर्शन मिळाले.

या आरोग्य शिबिरात रक्त तपासणी,

कोलेस्टेरॉल तपासणी व मधुमेह तपासणी अशा इतर तपासणीची

सुविधा उपलब्ध होती. या शिबिराचे आयोजन कांतीलाल खिंवसरा बी. एड. कॉलेज मधील

विद्यार्थ्यांना पुरेपूर असा फायदा आला.



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# Medical check up camp

Date:- 02/01/2024

Time:- 2.00 To 4.00 pm

Subject:- Medical check up camp

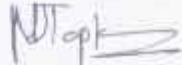
Organization of camp:- Kantilal Khinwasara B.Ed. College,  
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Kantilal Khinwasara B.Ed. College, Thergaon,  
Pune - 411033 ~~collaborately~~ organize Medical  
check up camp on 02/01/2024 in collaboration  
of Aglow Diagnostics Institute. Dr. Phadke  
was delivered a valuable lecture on  
Cholesterol and Diabetes.

In this camp Blood checking,  
Cholesterol and Diabetes ~~at~~ (Blood Sugar)  
was checked.

This camp was very beneficial  
for students.



  
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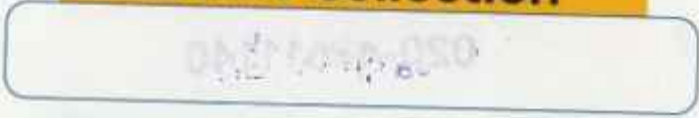


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## Tree Plantation

**Date of Event: 24th January 2024**

### 1. Introduction:

In line with our commitment to environmental sustainability, Kantilal Khinwasara College of Education organized a tree plantation drive on 24th January 2024. This initiative was conducted outside the college campus, involving students, faculty, and local community members. The objective was to promote environmental awareness and contribute to the "Green India" mission by enhancing greenery in the surrounding areas.

### 2. Objectives:

- To raise environmental awareness among students and faculty.
- To encourage active participation in sustainable practices like tree planting.
- To contribute to improving the local environment by increasing the green cover.
- To foster a sense of responsibility and community involvement in protecting nature.

### 3. Planning and Organization:

#### A. Pre-Event Planning:

- Location: The plantation drive took place on the outskirts of the college, near the adjoining road and public spaces.
- Saplings: A variety of saplings were procured, including fruit-bearing trees (mango, guava), flowering plants (gulmohar, bougainvillea), and indigenous trees (neem, peepal).





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- Collaborations:\*\* The event was supported by local environmental NGOs and the municipal corporation, which provided guidance and logistical support.

### **B. Roles and Responsibilities:**

- Faculty: Faculty members led the organization of the event, ensuring the smooth coordination of volunteers and participants.

- Students: B.Ed. students were actively involved in the planting process, from digging holes to watering the saplings.

- Community Involvement: Local community members participated, enhancing the event's impact and fostering a sense of shared responsibility for the planted **saplings.**

### **4. Event Execution:**

#### **A. Inauguration:**

The tree plantation drive was inaugurated by the college principal, who emphasized the importance of environmental conservation and how such activities align with the educational goals of shaping responsible citizens.

#### **B. Plantation Process:**

- Number of Saplings Planted: A total of 50 saplings were planted during the drive.

- Types of Trees: The saplings planted included a mix of fruit trees, flowering plants, and native species to ensure biodiversity.

- Watering and Maintenance: Arrangements were made for regular watering and upkeep of the saplings. Students volunteered to monitor the growth of the saplings and report any issues.



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### C. Awareness Campaign:

During the event, short talks were delivered by environmental experts, highlighting the importance of afforestation, the role of trees in reducing carbon footprints, and their positive impact on the ecosystem. Educational pamphlets were distributed to raise awareness about the importance of trees and sustainable practices.

### 5. Outcomes:

- Environmental Impact: The plantation of 50 trees will contribute significantly to the local ecosystem, improving air quality, providing shade, and offering habitats for birds and insects.
- Educational Impact: Students gained practical knowledge about the process of tree planting and learned the importance of environmental stewardship.
- Community Engagement: The involvement of local community members fostered a collaborative spirit and helped strengthen ties between the college and the community.



  
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## Report on the Visit to Punrusthan Samrasta Gurukulam (Orphanage - NGO)

**Date of Visit: 30th December 2023**

**Location: Punrusthan Samrasta Gurukulam, Chinchwad, Pune-18**

### 1. Introduction:

As part of the community engagement and social responsibility program, B.Ed. students from Kantilal Khinwasara College of Education visited Punrusthan Samrasta Gurukulam, an orphanage and NGO, located in Chinchwad, Pune, on 30th December 2023. The purpose of the visit was to interact with the children, understand the functioning of the NGO, and contribute to their well-being through various activities and donations.

### 2. Objectives:

- To sensitize students to social issues and encourage a spirit of empathy and community service.
- To provide educational and emotional support to the children at the orphanage.
- To understand the operations of the NGO and how it supports orphaned and underprivileged children.
- To create awareness among future educators about the importance of inclusive education and social responsibility.

### 3. Details of the Visit:

#### A. Interaction with the Children:

- Upon arrival, the students and faculty members were warmly welcomed by the staff and children of Punrusthan Samrasta Gurukulam.





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- The students of Kantilal Khinwasara College spent the day engaging with the children through various activities such as games, storytelling, and art & craft sessions.

- Special attention was given to fostering a warm, supportive environment where the children could freely express themselves.

#### B. Educational Activities:

- A team of B.Ed. students conducted interactive educational sessions aimed at enhancing basic literacy and numeracy skills.

- Storytelling sessions were organized to stimulate creativity and imagination.

- The students also helped the children with their homework and provided guidance on effective study habits.

#### C. Donations:

- Donations were made to the orphanage, including school supplies, Food, books, and toys etc. These items were collected by the B.Ed. students and faculty in the weeks leading up to the visit.

- In addition to material donations, the students contributed funds towards the NGO's future educational and developmental programs for the children.

#### D. Emotional Support and Bonding:

- The visit provided an opportunity for the children to bond with the college students, helping them feel valued and cared for.

- The B.Ed. students interacted with the children in a way that created a positive emotional impact, showing that there are individuals who care about their future and well-being.



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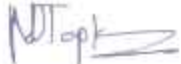
### E. Understanding the Functioning of the NGO:

- The management of Punrasthan Samrasta Gurukulam provided an overview of their operations, including how they support the holistic development of the children—academically, socially, and emotionally.
- The NGO focuses on creating a nurturing environment for orphaned and underprivileged children by providing education, accommodation, and emotional support.

### 4. Outcomes:

- Increased Awareness: The visit raised the awareness of Kantilal Khinwasara College students regarding the challenges faced by orphaned and underprivileged children and the critical role NGOs play in addressing these challenges.
- Empathy and Sensitivity: The visit helped foster empathy and social sensitivity among the B.Ed. students, encouraging them to take a more active role in community service.
- Educational Support: The children benefitted from the educational and recreational activities organized by the college students, which contributed to their academic and emotional growth.
- Strengthened Bonds: The children felt a sense of connection and belonging through their interactions with the visiting students, enhancing their social and emotional well-being.



  
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 (M.A.M.Ed Ph.D) ( Edu. )



Near Gawade Swimming Pool, krantiveer chapekar vidyalay premises Pandaricha mala, Keshav Nagar, Chinchwad, Pimpri-Chinchwad, Maharashtra 411033 India  
 Lat 18.623487  
 Long 73.780461  
 30/12/2023 04:18 PM GMT +5:30



Near Gawade Swimming Pool, krantiveer chapekar vidyalay premises Pandaricha mala, Keshav Nagar, Chinchwad, Pimpri-Chinchwad, Maharashtra 411033 India  
 Lat 18.623487  
 Long 73.780461  
 30/12/2023 04:28 PM GMT +5:30



Near Gawade Swimming Pool, krantiveer chapekar vidyalay premises Pandaricha mala, Keshav Nagar, Chinchwad, Pimpri-Chinchwad, Maharashtra 411033 India  
 Lat 18.623487  
 Long 73.780461  
 30/12/2023 04:25 PM GMT +5:30



*NTapkeer*  
 Principal  
 Kantilal Khinwasara B Ed College  
 Thergaon, Pune - 411033





Bharatiya Gyanvardhini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune- 411033.  
NCTE Code No. : APW00791/123125  
Affiliated to University of Pune



**PRESIDENT**  
Shri. S.S. Tiwari  
(M.Sc DCM)

Ph. No.: 020-27276785 Email.: kkbepune@gmail.com  
Website: www.kkbepune.org.in

**PRINCIPAL**  
Dr. Nirmala Tapkeer  
(M.A.M.E.D Ph.D)

Date: 22/12/2023

Ref. No. 1124/B.Ed., 2023-24

**Permission Letter**

To, Girish Poabhume  
Gurukulam  
.....

Subject : Request letter :Teacher-Student are allow to visit your institution & collect information about your institution.

Respected Sir/Madam,

Affiliated to Savitribai Phule University, Bhartiya Gyanvardhini Sabha's K.K. B.Ed.College, Laxman Nagar, Thergaon, Pune-33. This college we are running successfully form 14 years.

Teacher-student have to complete various practical's under the syllabus of Pune University. Accordingly under the Course :102. **Contemporary Indian Education,Gender and Society** . Students have to complete the practical. To visit NGO and collect information about the working process of NGO. For this reason we require your cooperation, we will be obliged for the same.

माध्यमिक मुख्याध्यापक  
कांतिवीर वांगमकर, शास्त्रिक प्रतिष्ठाने  
पुनस्तथान, लखमन नगर, थर्गावण,  
अनुदानित भारतीया ग्यानवर्धनी  
विश्वविद्यालय, पुणे-३३

Principal,

Dr. Nirmala Tapkeer  
Principal

Kantilal Khinwasara B.Ed. College,  
Thergaon, Pune-411033.



Bharatiya Gyanvardhini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune - 411033  
NCTE Code No. APW00791/123125  
Affiliated to University of Pune



PRESIDENT  
Shri S.S. Thakar  
(M.Sc./M.A.)

Ph. No. 020 21270788 Email: kktedpune@gmail.com  
Website: www.kktedpune.org.in

PRINCIPAL  
Dr. Himansu Tapkeer  
(M.A./M.Ed./Ph.D.)

Ref No 1124-1/Sec/2023/04

Date: 30/12/2023

### आभारपत्र

भारतीय ज्ञानवर्धिनी सभेचे, कांतीलाल खिंबसरा शिक्षणशास्त्र  
महाविद्यालय थेरगाव . आमच्या बी . एड . कोर्स १०२ 'समकालीन भारतीय  
शिक्षण लिंग आणि समाज' या विषया अंतर्गत अशासकीय संघटना भेट (Visit  
to the NGO )असे प्रात्यक्षिक आहे . हे प्रात्यक्षिक पूर्ण करण्यासाठी आपण  
आम्हाला परवानगी दिली . त्याबद्दल संस्था,महाविद्यालय व प्राचार्या आपले आभारी  
आहोत .

धन्यवाद !

नूतन वर्षाभिनंदन !!

*Prasad*

*NT Topk*

प्राचार्या

Principal

Kantilal Khinwasara B.Ed. College  
Laxman Nagar, Thergaon Pune-411033



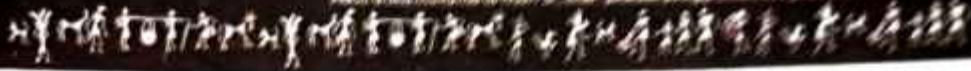
काठिवासर खानवासरा ब.एड. कॉलेज, थरगाव  
'विद्यया यज्ञोपवीतम्'

# पुनरूत्थान समवसता गुणकुलम्

संस्था : विद्यासाधनाय विद्यया यज्ञोपवीतम्  
संस्था सं. क्र. १२७, २०१६

अनुदानित, अतिव्यापी अखण्डाकार महाराष्ट्र शासन, अतिव्यापी विभाग,  
शासन निर्णय क्र. अ.आ.आ - २०१६/१३ क्र. २०१६ का - २२ दि. ४ ए.पू. २०१६

राज्यीय सर्वोच्च शिक्षण परिषद, भारत सरकार, नवी दिल्ली, दिल्ली-११००६८  
Phone: 011-26101102-10-110077 M. Fax: 011-26101102-10-110077



पद्मश्री. गिरीश प्रभुणे  
(9766325082)

अ.ह.सतिश गोरडे  
(9822197186)

सु.पू.पू.पू.पू.  
(9192112023)

जाचक क्र. 7449/2023-24

दि. 30/12/2023



This is to certify that

.....Student Teacher of  
Kantilal Khinwasara B.Ed college, Thergaon has visited our  
Institution on date : 30/12/2023 (Saturday) for the practical  
of F.Y.B.Ed, course: 102 'Contemporary Indian Education,  
Gender & society' and collected all necessary information  
under the practical 'Visit to Non-Government Organization'.

Faint official stamp and text at the bottom right of the page.



Date: 30/12/2023  
Saturday

## Attendance

BEd Course - 102. Contemporary Indian Education  
Gender and Society.Practical Name - Visit to the NGO.  
(Non Government Organization)

Sr. No.	Name of the Student	Sign.
1.	Jayashree Peashant Phalke	<u>Phalke</u>
2.	Punam Popat Thakare	<u>Thakare</u>
3.	Neha Jandey	<u>Jandey</u>
4.	Goyatri Bhalerao Dighe	<u>Dighe</u>
5.	Trypti Bhalerao	<u>Trypti</u>
6.	Sheetal Rai	<u>Sheetal Rai</u>
7.	Seeta Yedkar	<u>Yedkar</u>
8.	Priyanka Chandankar	<u>Chandankar</u>
9.	Roshni Sharma	<u>Roshni</u>
10.	Kajal Singh	<u>Singh</u>
11.	Kavita Gaikwad	<u>Gaikwad</u>
12.	Punam Sarawale	<u>Sarawale</u>
13.	Monika Jernandis	<u>Jernandis</u>
14.	Poiti K.M	<u>K.M</u>
15.	Soni Tiwan	<u>Tiwan</u>
16.	Varsha Vedpathak	<u>Vedpathak</u>
17.	Aruna Arute	<u>Arute</u>
18.	Sneha Kulkarni	<u>Kulkarni</u>
19.	Kanchan Kadam	<u>Kadam</u>

21) Amruta Kulkarni

22) Smita Ingle

23) Rajashree A. Katange

24) Nikita G. Chaskor

25) Reena D. Sathre

26) Kajal Kate

Akshara

Smita

Rajashree

Nikita

Reena

Kate



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 Website : www.kkbepune.org.in

**PRINCIPAL**  
 Dr. Nirmala Tapkeer  
 (M.A.M.Ed Ph.D)

Ref No: 1084/B.Ed/2023-24

DT : 21/10/2023

INVITATION

The Management Principal & Staff of Kantilal  
 Khinwasara B.Ed College Cordially invite you to

“ Induction Programme “

For First Year Students

On Saturday 21 st October 2023

3 .00 pm

*Shri*

CO-ORDINATOR

Asst Prof. Shailya Chaturvedi

*NTapke*

PRINCIPAL

Kantilal Khinwasara B.Ed. College  
 Thergaon, Pune-411033.



*NTapke*

Principal

Kantilal Khinwasara B Ed College  
 Thergaon, Pune - 411033



# Induction Program

The day which is very important in new students life is Induction Program.

The main objective of the student Induction Programme is to help new students adjust and feel comfortable in the new environment, inculcate in them ethos & culture of the Institution, help them build bonds with other students and faculty members and also expose them to the sense of larger purpose & self exploration.

Induction is well planned event to educate the new students about the environment in a particular institution and connect them with the people in it. The new students know about the institutional policies, process, practices culture and values.

The time during the Induction program is also used to rectify some critical lacunas and sensitize them towards exploring the ~~academic~~ academic interest in extra-curricular activities, promoting competition, build relationship between teachers and students overall personality development.



Kantilal Khinwasara B Ed College  
Thergaon, Pune - 411033





**KANTILAL KHINWASARA  
B.ED.COLLEGE  
THERGAON PUNE.**

The Management Principal & staff of  
Kantilal B.Ed. College Cordially invite you to

*Induction Programme A/Y 2023-24*

Chair person - S.S. Tiwari sir (President of Bhartiya Gyanvardhini Sabha )

Guest - L.B. Pandey sir, Ajay Kumar Rai  
and Karunesh Tripathi sir

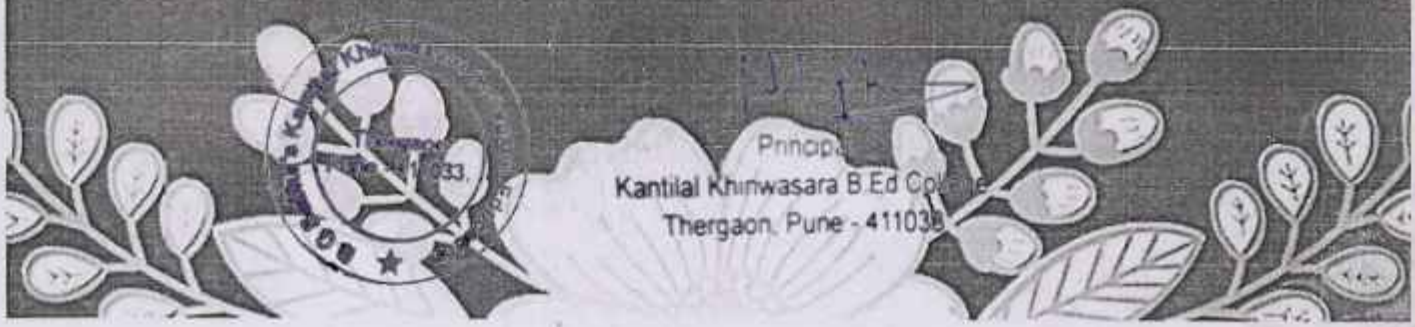
Principal - Dr. Nirmala Tapkeer  
Cultural Head - Prof. Shailja Chaturvedi

Venue - K.K. B.Ed. College,  
Thergaon, Pune.

Date - 21<sup>st</sup> Oct. 2023  
Time - 3:00 pm.



Prinop.  
Kantilal Khinwasara B Ed Col  
Thergaon, Pune - 411038





# Induction Program

(Celebration)

As we students and Professors organised Induction Program at Kantilal Khinwasara B. Ed College, Thergaon, where chairperson was S. S. Tiwari sir and the chief guest of program was 1) L. B. Pandey 2) Ajay Kumar Rai 3) Karanesh Tripathi sir

As the guest enter in the hall, welcome done by 2<sup>nd</sup> year students Sneha Panchi & Dipali Rajmane.

Our Honorable Principal ma'am welcome guest by giving him bouquet

The program started with lightening of lamp by our chairperson Tiwari sir and chief guest Pandey sir, Ajay Kumar Rai sir & Karanesh Tripathi sir as well as our college Principal Dr. Nirimala Tapkeer Ma'am.

After the program, continued with Sarswati Vandana by Yogita Patil followed by Mahatma's guest.   
Kantilal Khinwasara B. Ed College  
Thergaon, Pune - 411033



Introduction of S.S. Tiwari sir given by Prof. Neeta Puri Ma'am, She explains that Tiwari sir is best educator as well as he is also industrialist. He is having many companies in Pune.

A Program continued with Introduction of all Professors.

- i) Neeta Puri
- ii) Surekha Rajwant
- iii) Sharilaja Chaturvedi
- iv) Jyoti Dawkhar
- v) Varsha Lambate
- vi) Mrunalini Patil

After Intro. of all Professors felicitation of passout students was done by giving them trophy and certificate. A student who secure a 1<sup>st</sup> rank was

She shared her experience throughout the two year of B. Ed. She told that how all teachers tried to make her lesson and activities perfect. She shared, how her colleagues appreciated her word and asked her for guidance to which she said all the credit goes to Professors and our college



NTpk

The program followed by speech of Kabir 2<sup>nd</sup> year student. He

Principal

Kantilal Khimwasara B.Ed. College

Thergaon, Pune - 411033



delivered speech about all professors that they all also facing the difficulty in the university at time of our submission. He further explain that our Principal malam needs to give lot of at the time of submission.

One more student sheetal Airani shared her experience about her admission she told that Dinesh Kenjale sir always helping the students at the time of admission.

After that second year student Joyoti talkalkar shared her experience of last year.

At the end S.S. Tiwari sir delivered his motivational speech to students. He motivated students with his success story of business. He told that he also saw so many ups and down in his life but never gave up. He said that you needs to stand with confidence success will be in your hand. That speech truly motivate all students.

At the end of program all students gave their introduction to the chief guest program ended with votes of thanks by Vande



Principal  
Kantilal Khirwasara B Ed College  
Thergaon, Pune - 411033


Kantilal Khinwasara B.Ed.College,Thergaon,pune-33

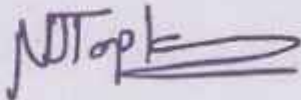
Notice

Date-18/12/2023

(For Staff)

All professors are informed that Under IQAC Cell the college has organised Guidance Session on NAAC .So it is great opportunity to clear our doubts and get guidance by Expert Dr.ShashankPol .The session will be conducted on21th dec.2023 at 1pm.so all are requested to attend session.

  
IQAC coordinator,  
Mrunalini Patil

  
Principal,  
Dr.Nirmala Tapkeer



  
Principal  
Kantilal Khinwasara B.Ed College  
Thergaon, Pune - 411033



**K.K.B.Ed.College,Thergaon**  
**Guidance Session On NAAC**

**By-Dr.Shashank Pol**

**Date-21/12/2023**

The National Assessment and Accreditation Council (NAAC) is an autonomous body established by the University Grants Commission (UGC) of India to assess and accredit institutions of higher education in the country. NAAC evaluates institutions based on seven criteria, which are:

1. Curricular Aspects
2. Teaching-Learning and Evaluation
3. Research, Consultancy, and Extension
4. Infrastructure and Learning Resources
5. Student Support and Progression
6. Governance, Leadership, and Management
7. Innovations and Best Practices

These criteria are used to assess the overall quality and performance of educational institutions in India.



**Principal**  
Kantilal Khirwasara B Ed College  
Thergaon, Pune - 411033



Overall, NAAC accreditation is essential for institutions to demonstrate their commitment to quality education, continuous improvement, and accountability to stakeholders.

The NAAC 7 criteria and their subpoints are as follows:

**1. Curricular Aspects:**

- Curriculum Design and Development
- Academic Flexibility
- Curriculum Enrichment
- Feedback System

**2. Teaching-Learning and Evaluation:**

- Teaching-Learning Process
- Teacher Quality
- Evaluation Process
- Student Performance and Learning Outcomes

**3. Research, Consultancy, and Extension:**

- Research Promotion
- Consultancy
- Extension Activities



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Thergaon, Pune - 411033

- Best Practices
- Institutional Values and Ethics
- Sustainability Practices

These criteria and subpoints are used by NAAC to evaluate the overall performance and quality of educational institutions in India.

*JGAC Coordinator*



*NTopk*

Principal  
Kantilal Khirwasara B.Ed College  
Thergaon, Pune - 411033

*NTopk*

Principal  
Kantilal Khirwasara, B Ed College  
Thergaon, Pune - 411033

NAAC Guidance Session  
Conducted by Dr. Pol.



NTPT

Principal

Kantilal Khirwasara B Ed College  
Thergaon, Pune - 411033





Bharatiya Gyanvardhini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune- 411033.

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**PRESIDENT**  
Shri. S.S. Tiwari  
(M.Sc DCM)

Ph. No.: 020-27276785 Email.: kkbedpune@gmail.com  
Website : www.kkbedpune.org.in

**PRINCIPAL**  
Dr. Nirmala Tapkeer  
(M.A.M.Ed Ph.D)

ef. No - 1099 / B.Ed. 2022-23

Date : 27/10/2023

### आभारपत्र

सावित्रीबाई फुले पुणे विद्यापीठ पुणे व बहिःशाल शिक्षण मंडळ आणि कांतीलाल खिंवासरा शिक्षणशास्त्र महाविद्यालय यांच्या संयुक्त विद्यमाने बॅ. बाबासाहेब जयकर व्याख्यानमाले अंतर्गत मा. डॉ. प्रकाश सस्ते यांनी दिनांक २७.१०.२०२३ वार शुक्रवार या दिवशी "योगा आणि आरोग्य" या विषयावर व्याख्यान दिले त्याबद्दल संस्था, महाविद्यालय व प्राचार्या आपले आभारी आहोत.

धन्यवाद !

*NTpt*

**Principal**  
Kantilal Khinwasara B.Ed. College  
Thergaon, Pune-411033.

Received  
*[Signature]*



*NTpt*

**Principal**  
Kantilal Khinwasara B Ed College  
Thergaon, Pune - 411033

Bharatiya Gyanvardhini Sabha's  
**Kantilal Khinwasara B.Ed. College**

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Shri. S.S. Tiwari  
(M.Sc DCM)

Ph. No.: 020-27276785 Email.: kkbepune@gmail.com  
Website : www.kkbepune.org.in

**PRINCIPAL**  
Dr. Nirmla Tapkeer  
(M.A.M.Ed Ph.D)

F. No. 1093/B.Ed./2023-24

Date : 16/10/2023

प्रति

मा .डॉ . प्रकाश सरते

गट नं . १५३, प्लॉट नं . २८, जय गणेश पार्क,

सहकार नगर, जांबे, ता . मुळशी, जि . पुणे - ४११०३३

विषय - व्याख्यानासाठी उपस्थित राहणेबाबत.....

महोदय

आमच्या कांतीलाल खिंवासरा शिक्षणशास्त्र महाविद्यालयात सावित्रीबाई फुले पुणे विद्यापीठ पुणे व बहिःशाल शिक्षण मंडळ आणि कांतीलाल खिंवासरा शिक्षणशास्त्र महाविद्यालय यांच्या संयुक्त विद्यमाने वॅ . बाबासाहेब जयकर व्याख्यानमाले अंतर्गत दिनांक २७/१०/२०२३ वार शुक्रवार या दिवशी वेळः दुपारी ०२ . ३० वाजता " योगा आणि आरोग्य" या विषयावर आपले व्याख्यान आयोजित करण्यात आलेले आहे . तरी व्याख्यानाकरिता आपली उपस्थिती प्रार्थनिय आहे .



Received

NT qk NT qk  
Principal

Kantilal Khinwasara B Ed College Principal  
Thergaon, Pune - 411033 Kantilal Khinwasara B.Ed. College  
Thergaon, Pune-411033





Bharatiya Gyanvardhini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune- 411033.

NCTE Code No. : APW00791/123125

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**PRESIDENT**  
Shri. S.S. Tiwari  
(M.Sc DCM)

Ph No.: 020-27276785 Email: kkbepune@gmail.com  
Website : www.kkbepune.org.in

**PRINCIPAL**  
Dr. Nirmala Tapkeer  
(M.A.M.Ed Ph.D)

f.No. 1095/B.Ed. 2023-24

Date: 16/10/2023

प्रति

मा .डॉ .सुरेश इसात्रे

टिळक शिक्षणशास्त्र महाविद्यालय,

पुणे - ४११०३० .

विषय - व्याख्यानासाठी उपस्थित राहणेबाबत.....

महोदय

आमच्या कांतीलाल खिंवसरा शिक्षणशास्त्र महाविद्यालयात सावित्रीबाई फुले पुणे विद्यापीठ पुणे व बहिःशाल शिक्षण मंडळ आणि कांतीलाल खिंवसरा शिक्षणशास्त्र महाविद्यालय यांच्या संयुक्त विद्यमाने वॅ .बाबासहेब जयकर व्याख्यानमाले अंतर्गत दिनांक २८/१०/२०२३ वार शनिवार या दिवशी वेळ : दुपारी ०३ .०० वाजता "नॅक ला सामोरे जाताना " या विषयावर आपले व्याख्यान आयोजित करण्यात आलेले आहे .तरी व्याख्यानाकरिता आपली उपस्थिती प्रार्थनिय आहे .



Received  
16/10/2023

NTapt  
Principal

Kantilal Khinwasara B.Ed. College  
Thergaon, Pune - 411033

Bharatiya Gyanvardhini Sabha's  
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Website : www.kkbedpune.org.in

**PRINCIPAL**

Dr. Nirmala Tapkeer  
(M.A.M.E.D - Ph.D)

No. 1098/B.Ed. 2023-24

Date: 26/10/2023

**आभारपत्र**

सावित्रीबाई फुले पुणे विद्यापीठ पुणे व बहिःशाल शिक्षण मंडळ आणि कांतीलाल खिंवासरा शिक्षणशास्त्र महाविद्यालय यांच्या संयुक्त विद्यमाने वरिस्टॅर बाबासाहेब जयकर व्याख्यानमाले अंतर्गत मा .डॉ . माधवी खरात यांनी दिनांक २६.१०.२०२३ वार गुरुवार या दिवशी " प्राचीन भारतीय वाङ्मय" या विषयावर व्याख्यान दिले त्याबद्दल संस्था, महाविद्यालय व प्राचार्या आपले आभारी आहेत .

धन्यवाद !

*NTqk*

Principal

Kantilal Khinwasara B Ed College  
Thergaon, Pune-411033.

*NTqk*

Principal

Kantilal Khinwasara B Ed College  
Thergaon, Pune - 411033



*Rel*  
*26.10.2023*



Bharatiya Gyanvardhini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune- 411033.

NCTE Code No. : APW00791/123125

Affiliated to University of Pune



**PRESIDENT**

Shri. S.S. Tiwari  
(M.Sc DCM)

Ph. No : 020-27276785 Email : kkbedpune@gmail.com

Website : www.kkbedpune.org.in

**PRINCIPAL**

Dr. Nirmala Tapkeer  
(M.A.M.Ed Ph.D)

Ref No. 1102 / B.Ed. 2023-24

Date: 28/10/2023

**आभारपत्र**

सावित्रीबाई फुले पुणे विद्यापीठ पुणे व बहिःशाल शिक्षण मंडळ आणि कांतीलाल खिंवासरा शिक्षण शास्त्र महाविद्यालय यांच्या संयुक्त विद्यमाने वॅ.बावासाहेब जयकर व्याख्यानमाले अंतर्गत मा. डॉ. सुरेश इसावे यांनी दिनांक २८.१०.२०२३ वार शनिवार या दिवशी "नेक ला सामोरे जाताना"चा विषयावर व्याख्यान दिले त्याबद्दल संस्था, महाविद्यालय व प्राचार्या आपले आभारी आहोत.

धन्यवाद !



NT Tapkeer

Principal  
Kantilal Khinwasara B.Ed. College,  
Thergaon, Pune-411033.

Kantilal Khinwasara B Ed College  
Thergaon, Pune - 411033



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NCTE Code No. : APW00791/123125

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Dr. Nirmala Tapkeer  
(M.A.M.E.d Ph.D) (Edu.)

Ref. No. 1130/B.Ed./2023-24

Date: 05/01/2024

प्रति

मा . प्रज्ञा गवळी

प्रज्ञा विद्यामंदिर, गणेशनगर, थेरगाव

पुणे - ४११०३३.

विषय - "एकपात्री प्रयोग" मी साऊ बोलतीय कार्यक्रमासाठी उपस्थित  
राहणेबाबत.....

महोदय

आमच्या कांतीलात खिंचसरा शिक्षणशास्त्र महाविद्यालयान् शनिवार  
दिनांक ०६/०१/२०२४ रोजी दुपारी ३.०० वाजता सावित्रीबाई फुले जयंतीनिमित्त "  
एकपात्री प्रयोग " मी साऊ बोलतीय या कार्यक्रमाचे आयोजन करण्यात आलेले आहे . तरी  
आपण सदर कार्यक्रमासाठी आमच्या महाविद्यालयान आपली उपस्थिती प्रार्थनित्त आहे .

धन्यवाद !



NTapkeer  
Principal

Kantilal Khinwasara B Ed College  
Thergaon, Pune - 411033

NTapkeer  
प्राचार्या  
Principal

Kantilal Khinwasara B Ed College  
Thergaon, Pune - 411033





Bharatiya Gyanvarchini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune- 411033.

NCTE Code No. : APW00791/123125

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**PRESIDENT**  
Shri. S.S. Tiwari  
(M.Sc DCM)

Ph No.: 020-27276785 Email: kkedpune@gmail.com  
Website : www.kkbedpune.org.in

**PRINCIPAL**  
Dr. Nirmala Tapkeer  
(M.A.M.Ed Ph.D) (Edu.)

Ref. No. 1131/B.Ed./2023-24

Date: 06/01/2024

### आभारपत्र

आमच्या कांतीबाल खिंवसरा शिक्षणशास्त्र महाविद्यालयात शनिवार  
दिनांक 06/01/2024 रोजी दुपारी 03.30 वाजता मा. प्रज्ञा गवळी  
यांनी सावित्रीबाई फुले जयंतीनिमित्त " एकपात्री प्रयोग " मी साऊ बोलतीय या  
विषयावर अतिशय सुंदर सादरीकरण केले. त्याबद्दल संस्था, महाविद्यालय व प्राचार्या  
आपले आभारी आहोत.

धन्यवाद !



NTapkeer  
Principal  
Kantilal Khinwasara B.Ed. College  
Thergaon, Pune-411033.  
Kantilal Khinwasara B Ed College  
Thergaon, Pune - 411033

BALIKA

DIN



NT qk

Principal

Kantilal Khirwasara B Ed College  
Thergaon, Pune - 411033



# BALIKA DIN CELEBRATION

Savitribai Phule birth anniversary is on 3<sup>rd</sup> January 1831. Birth anniversary of Savitribai Phule is celebrated as Balika din (Girl child day) in whole Maharashtra.

Savitribai Phule known as the first female teacher of India. She is the epitome of Indian feminism. She born on January 3<sup>rd</sup>, 1831 in Maharashtra. Phule is the oldest known Indian social reformer, educationalist and poet.

Along with her husband, Jyotirao Phule, she played an important and vital role in improving women's rights in India. Savitribai and her husband founded one of the first Indian girls' school in Pune, at Bhide wada in 1848. She worked to abolish the discrimination and unfair treatment of people based on caste and gender. She is regarded as an important figure of the social reform movement in Maharashtra. At the time of her marriage, Savitribai was illiterate. Her husband, Jyotirao Phule educated her at their home.

Phule was also an author and poet. She published *Kavya Phule* in 1854 and *Bavan Kashi Subodh Rahitakar* in 1892. She also a poem entitled "Education" in which she encouraged those who were oppressed to free themselves by



Principal  
Kantilal Khirwasara B Ed College  
Thergaon, Pune - 411033



obtaining an education. As a result of her experience and work, she became an ardent feminist.

She established the Mahila Seva Mandal to raise awareness for issues concerning women's rights. She also called for a gathering place for women that was free of caste discrimination or differentiation of any kind. Symbolic of this was that all the women that attended were to sit on the same mat. She was also an anti-infanticide activist.

She opened a women's shelter called the Home for the Prevention of Infanticide, where Brahmin widows could safely deliver their children and leave them there to be adopted if they so desired. She also campaigned against child marriage and was an advocate of widow remarriage. Savitribai and Jyotirao strongly opposed Sati Pratha and they started a home for widows and forlorn children.



NTgt

Principal

Kantilal Khirwasara B Ed College  
Thergaon, Pune - 411033



# PREPARATION

At Kantilal Khinwasara B.Ed college. we celebrated "Balika Din". Where our chief guest was Mrs. Pradnya Gawali and our honouable principal of institute Dr. Nirmala Tapkeer ma'am. The start of the programme was mesmerizing because our chief guest Mrs. Pradyna Gawali plays an act roll on the life of Savitribai Phule. We students get happy and we felt that real Savitribai Phule is talking with us.

And then our honouable principal ma'am and all teachers offers flowers to the photo of Savitribai Phule and done deep-prajwalan. and felicitate Mrs. Pradnya Gawali.

We the students of the college organised the program, with the guidance of our teacher Anchoring prof. Mrunalini Patil ma'am and Prof. Varsha Lambate ma'am.

Anchoring — Tammana Vanwari.  
Board decoration — Amruta Kulkarni.  
Kanchan Kadam.

Rangoli — Ashwini Chalse  
Shirani Dubey.

Thank You Speech — Nikita Phaskar.

Cultural Prof. Shailja Chaturevdi ma'am





KANTILAL KHINWASARA BELGATE  
 BALIKA DIN  
 PULLA UNIVERSITY of  
 KIRGAL PUNE  
 CITE PRINCIPAL ORGANIZ  
 S PANDITIA GANNA  
 SHALA TAPKI  
 ANTI PR  
 LA LAK  
 SMAT

Kantilal Khinwasara College of Education  
 Thergaon  
 Pune - 411033

[Signature]  
 Principal

Kantilal Khinwasara B Ed College  
 Thergaon, Pune - 411033





Bharatiya Gyanvardhini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune- 411033.  
NCTE Code No. : APW00791/123125  
Affiliated to University of Pune



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(M.Sc DCM)

Ph. No.: 020-27276785 Email: kkbepune@gmail.com  
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**PRINCIPAL**  
Dr. Nirmala Tapkeer  
(M.A.M.Ed Ph.D) (Edu.)

cf. No. 1129/B.Ed. 2023-24

Date: 05/01/2024

प्रति

मा . यशवंत निकम

धनकवडी पुणे - ४११०४३ .

विषय - "शैक्षणिक साधन निर्मिती " कार्यशाळेसाठी उपस्थित

राहणेबाबत.....

महोदय

आमच्या कांतीलाल खिंवासरा शिक्षणशास्त्र महाविद्यालयात शनिवार

दिनांक ०६/०१/२०२४ रोजी दुपारी ०३.३० वाजता "शैक्षणिक साधन निर्मिती " या

विषयावर कार्यशाळेचे आयोजन करण्यात आलेले आहे . आपण आमच्या

महाविद्यालयातील विद्यार्थ्यांना मार्गदर्शन करावे . तरी कार्यशाळेसाठी आपली उपस्थिती

प्रार्थनिय आहे .

धन्यवाद !



*NTap*  
Principal

Kantilal Khinwasara B Ed College  
Thergaon, Pune - 411033

*NTap*

Principal

Kantilal Khinwasara B.Ed. College  
Thergaon, Pune-411033.

Bharatiya Gyanvarchini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune- 411033.

NCTE Code No. : APW00791/123125

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Shri. S.S. Tiwari  
(M.Sc DCM)

Ph. No.: 020-27276785 Email.: kkbepune@gmail.com  
Website : www.kkbepune.org.in

**PRINCIPAL**

Dr. Hirmala Tapkeer  
(M.A M.Ed Ph.D) ( Edu. )

Ref No. 1132/B.Ed.2023-24

Date: 06/01/2024

### आभारपत्र

आमच्या कान्तीलाल खिंवासरा शिक्षणशास्त्र महाविद्यालयात शनिवार  
दिनांक 06/01/2024 रोजी दुपारी 03.30 वाजता मा. चशवंत निक्म यांनी  
"शैक्षणिक नाघन निर्मिती" या विषयावर कार्यशाळा घेवून आपण आनच्या  
महाविद्यालयातील विद्यार्थ्यांना उत्तम मार्गदर्शन केले. त्याबद्दल  
संस्था, महाविद्यालय व प्राचार्या आपले आभारी आहोत.

धन्यवाद !

Received.

मि. खिंवासरा  
6.1.24



NT Tapk  
Principal

NT Tapk  
प्राचार्या  
Principal

Kantilal Khinwasara B Ed College Thergaon, Pune - 411033  
Kantilal Khinwasara B.Ed. College  
Thergaon, Pune - 411033



K.K.B.Ed.College,Thergaon,Pune-33

Session Conducted on Effective Use Of Teaching Aids

By-Yashwant Nikam Sir

Date-06/01/2024

Teaching aids are materials or tools used to support and enhance teaching and learning. They can help to:

1. Clarify complex concepts
2. Engage students
3. Facilitate understanding
4. Supplement instruction
5. Provide additional practice

Types of Teaching Aids:

1. Visual Aids:

- Pictures
- Diagrams
- Charts
- Graphs



NTap  
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Principal  
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Thergaon, Pune - 411033

NTap

Principal  
Kantilal Khinwasara B.Ed College  
Thergaon, Pune - 411033

- Mock-ups
- Real-life objects
- Specimens
- Artifacts

#### 6. Technology-Based Aids:

- Interactive whiteboards
- Digital projectors
- Tablets
- Smartphones
- Online platforms

#### 7. Other Aids:

- Flashcards
- Concept maps
- Flowcharts
- Graphic organizers
- Role-play materials

These teaching aids can be used in various combinations to support different learning styles and needs, and to create an engaging and effective learning environment.



NTgk

Principal

Kantilal Khirwasara B Ed College  
Thergaon, Pune - 411033



#### Slide 4: Choosing the Right Teaching Aid

- Consider learning objectives and outcomes
- Select aids that align with the topic and subject matter
- Think about student age, ability, and prior knowledge
- Choose aids that are interactive and engaging

#### Slide 5: Using Teaching Aids Effectively

- Introduce the aid clearly and concisely
- Demonstrate how to use the aid
- Encourage student interaction and participation
- Monitor student understanding and adjust instruction
- Use aids to supplement teaching, not replace it

#### Slide 6: Visual Aids

- Images, diagrams, charts, and graphs
- Use to illustrate complex concepts and ideas
- Make sure images are clear and relevant



NTgk  
Principal

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Bharatiya Gyanvardhini Sabha's  
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Laxman Nagar, Thergaon Pune- 411033.

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**PRINCIPAL**  
Dr. Nirmala Tapkeer  
(M.A.M.Ed Ph.D) (Edu.)

F.No. 1142-1-B.Ed./2023-24

Date: 24/10/2024

प्रति

मा .डॉ . प्राजक्ता मेढेकर

अभिनव एज्युकेशन सोसायटीचे

शिक्षणशास्त्र महाविद्यालय , आंबेगाव ,

पुणे-४१०५०९ .

विषय - व्याख्यानासाठी उपस्थित राहणेबाबत.....

महोदय

आमच्या कांतीलाल खिंवसरा बी . एड . कॉलेज मध्ये बी . एड . कोर्स ११२ अरोग्य

आणि योगा या अंतर्गत दिनांक २७/०९/२०२४ वार शनिवार या दिवशी वेळ ३

दुपारी ३.०० वाजता " ताण तणावं व्यवस्थापन " या विषयावर आपले व्याख्यान

आयोजित करण्यात आलेले आहे . तरी व्याख्यानाकरिता आपली उपस्थिती प्रार्थनीय आहे .

धन्यवाद !

*Dr. Nirmala Tapkeer*  
27/11/2024



*Dr. Nirmala Tapkeer*  
Principal

Principal  
Kantilal Khinwasara B Ed College  
Thergaon, Pune - 411033.



BGS's , Kantilal Khinwsara College of Education, Thergaon, Pune

**NOTICE**

Date -22/01/24

All student teachers are informed that under the Course No. 112 There will be Lecture on **Stress Management** by **Dr.Prajakta Medhekar** , conducted on **27/01/2024** at 3pm So attencance is compulsory.

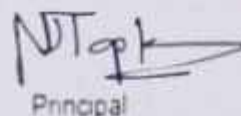
Head of Dept.

Prof.Jyoti Davkhar



Principal

Kantilal Khinwsara B Ed College  
Thergaon, Pune - 411033.



Principal

Kantilal Khinwsara B Ed College  
Thergaon, Pune - 411033



Bharatiya Gyanvardhini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune- 411033.

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**PRINCIPAL**  
Dr. Nirmla Tapkeer  
(M.A.M.Ed Ph.D) (Edu.)

f. No. 1142-2/B.Ed. 2023-24

Dak: 27/01/2024

### आभारपत्र

आमच्या कांतीलाल खिंवासरा बी. एड. कॉलेज मध्ये बी. एड. कोर्स ११२ आरोग्य आणि योगा या अंतर्गत दिनांक २७/०१/२०२४ वार शनिवार या दिवशी वेळ ६ दुपारी ३.०० वाजता "ताण तणाव व्यवस्थापन" या विषयावर मा. डॉ. प्राजक्ता मेढेकर यांनी व्याख्यान दिले. त्याबद्दल संस्था, महाविद्यालय व प्राचार्या आपले आभारी आहेत.

धन्यवाद !

*Prajakta*  
27/1/2024



*NTapkeer*  
Principal  
Kantilal Khinwasara B.Ed. Collage  
Thergaon, Pune-411033.

Kantilal Khinwasara B Ed College  
Thergaon, Pune - 411033

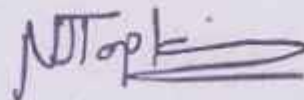


Kantilal Khinwasara B.Ed.College,Thergaon,pune-33

## Notice

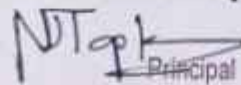
Date-31/12/2023

All students and all staff are informed that the college has organised Health Check-up camp on 2<sup>nd</sup> jan.2024 from 2 to 4 pm in the college premises.We encourage all to participate and take advantage of this free service.



Principal,

Dr.Nirmala Tapkeer



Kantilal Khinwasara B.Ed College

Kantilal Khinwasara B.Ed College 11033

Thergaon, Pune - 411033



# आरोग्य तपासणी शिबिर

दिनांक :- 02-09-2028

वेळ :- दुपारी २ ते ४

विषय :- आरोग्य तपासणी शिबिर

शिबिराचे आयोजन :- कांतीलाल शिंदेकरा वी. एड  
महाविद्यालय थेरगाव

कांतीलाल शिंदेकरा वी. एड महाविद्यालय

थेरगाव या कॉलेजमध्ये दिनांक :- 02-09-2028 रोजी

आरोग्य तपासणी शिबिराचे आयोजन Avicou Diagnostics  
या संस्थेमार्फत करण्यात आले. या शिबिरामध्ये डॉ. फडके  
सर यांचे कोलेस्टेरॉल व मधुमेह या विषयावर शूष  
छान प्रकारे मार्गदर्शन मिळाले.

या आरोग्य शिबिरात स्वतः तपासणी,  
कोलेस्टेरॉल तपासणी व मधुमेह तपासणी अशा इतर

तपासणीची उपलब्ध शिबिराचा

वी एड कॉलेज  
फायदा झाला.



Principal  
Kantilal Shindekar Ed College  
Thergaon, Pune - 411033

थेरगाव असा



## BUY 1 GET 1 OFFER

Components	Agilus Premium 1	Agilus Total 2	Agilus Total 1
CBC	✓	✓	✓
Glucose (F)	✓	✓	✓
Kidney Function Test (KFT)	✓	✓	✓
Urinalysis	✓	✓	✓
Lipid Profile	✓	✓	✓
Liver Function Test (LFT)	✓	✓	✓
HbA1c	✓	✓	✓
Vitamin D	✓	✓	✓
Calcium	✓	✓	✓
TSH 3 <sup>rd</sup> Gen.	✓	✓	✓
Thyroid Panel (FT3, FT4, TSH 3rd Gen.)	✓	✓	X
Vitamin B12	✓	✓	X
TIBC	✓	✓	X
Ferritin	✓	X	X
Folate	✓	X	X
Allergy Screen	✓	X	X
hsCRP	✓	X	✓
<b>SMART REPORT</b>	✓	✓	✓
<b>Test Parameters</b>	<b>91</b>	<b>87</b>	<b>80</b>
Price for 2 packages	<del>₹11700</del>	<del>₹7500</del>	<del>₹6100</del>
1+1 Offer price	₹8700	₹6099	₹4999
Effective Price for 1 Package	₹4350	₹3050	₹2500



**Home Collection**

Kantilal Khinwasara B Ed College  
Thergaon, Pune - 411033

Curated health packages

Starting from  
**₹399\***

# Medical check up camp

Date:- 02/10/2024

Time:- 2.00 To 4.00 pm

Subject:- Medical check up camp

Organization of camp:- Kantilal Khinwasara B.Ed. College,  
Thergaon, Pune - 411033

Kantilal Khinwasara B.Ed. College, Thergaon,  
Pune - 411033 collaboratively organize Medical  
check up camp on 02/10/2024 in collaboration  
of Aglow Diagnostics Institute. Dr. Phadke  
was delivered a valuable lecture on  
Cholesterol and Diabetes.

In this camp Blood checking,  
Cholesterol and Diabetes ~~at~~ (Blood Sugar)  
was checked.

This camp was very beneficial  
for



NTpt

Principal

Kantilal Khinwasara B Ed College  
Thergaon, Pune - 411033



कांतिलाल खिंवसरा महाविद्यालय, धेरगांव, पुणे

(विद्यार्थ्यांसाठी सूचना)

दिनांक : ३०.०१.२०२४

सर्व छात्राध्यापकांना कळविण्यात येते दिनांक ०४.०२.२०२४ महाविद्यालयाने सावित्रीबाई फुले पुणे विद्यापीठ, पुणे व व्हि.आल शिक्षण मंडळ, पुणे यांच्या संयुक्त विद्यमाने, "गरजेवर आधारित उपक्रम या अंतर्गत व्याखानामालेचे" आयोजन करण्यात आलेले आहे. तरी सर्व छात्राध्यापकांची उपस्थिती अनिवार्य राहिल.

वरील कार्यक्रमाचे नियोजन खालीलप्रमाणे →

अ. क.	वार	दिनांक	वक्ते	विषय
१.	रविवार	०४.०२.२०२४	डॉ. प्राजक्ता मंडेकर	मानसिक आरोग्य
२.	रविवार	०४.०२.२०२४	मा. प्रतिभा ढाले	कथाकथन
३.	रविवार	०४.०२.२०२४	डॉ. शमशुद्दीन तांबोळी	भारतीय संविधान आणि अमृतमहोत्सवी वर्ष -सदयस्थिती
४.	रविवार	०४.०२.२०२४	प्रा. ज्योती गणदिवं	स्व -जाणीव

केंद्रकार्यवाह

सहा. प्रा. ज्योती डावखर  
Joshi

प्राचार्य

NT Joshi

Kantilal Khivsar College

Bharatiya Gyanvardhini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune- 411033.

NCTE Code No. : APW00791/123125

Affiliated to University of Pune



**PRESIDENT**

Shri. S.S. Tiwari  
(M.Sc DCM)

Ph No 020-27276785 Email kkbepune@gmail.com  
Website : www.kkbepune.org.in

**PRINCIPAL**

Dr. Nirmala Tapkeer  
(M.A.M.Ed Ph.D) (Edu)

Ref. No. 11421 B.Ed. 2023-24

Date : 24/01/2024

प्रति

मा .डॉ .प्राजक्ता मेढेकर

अभिनव एज्युकेशन सोसायटीचे

शिक्षणशास्त्र महाविद्यालय , आंबेगाव ,

पुणे-४१०५०९ .

विषय - व्याख्यानासाठी उपस्थित राहणेबाबत.....

महोदय

आमच्या कांतीलाल खिंवसरा शिक्षणशास्त्र महाविद्यालयात सावित्रीबाई फुले पुणे विद्यापीठ पुणे व बहिःशाल शिक्षण मंडळ आणि कांतीलाल खिंवसरा शिक्षणशास्त्र महाविद्यालय यांच्या संयुक्त विद्यमाने गरजेवर आधारित उपक्रम या अंतर्गत दिनांक ०४/०२/२०२४ वार रविवार या दिवशी वेळ : दुपारी १२.०० वाजता " मानसिक आरोग्य " या विषयावर आपले व्याख्यान आयोजित करण्यात आलेले आहे .तरी व्याख्यानाकरिता आपली उपस्थिती प्रार्थनिय आहे .

धन्यवाद !

Received  
Fmedk  
24/1/2024

*NTapkeer*

**Principal**

**Kantilal Khinwasara B.Ed. College**  
Thergaon, Pune-411033.



Bharatiya Gyanvardhini Sabha's  
Kantilal Khinwasara B.Ed. College

Laxman Nagar, Thergaon Pune- 411033.

NCTE Code No. APWD0791/123125

Affiliated to University of Pune



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Website www.kkbepune.org.in

PRINCIPAL  
Dr. Nirmala Tapkeer  
(M.A.M.Ed Ph.D) (Edu)

Ref. No. - 1152 / B. Ed. 2023-24

आभारपत्र

Date: 04/02/2024

सावित्रीबाई फुले पुणे विद्यापीठ पुणे व बहिःशाल शिक्षण मंडळ आणि कांतीलाल खिंवसरा शिक्षणशास्त्र महाविद्यालय यांच्या संयुक्त विद्यमाने गरजेवर आधारित उपक्रम या अंतर्गत मा. डॉ. प्राजक्ता मेढेकर यांनी दिनांक 04/02/2024 वार रविवार या दिवशी वेळ : दुपारी 01.00 वाजता " मानसिक आरोग्य " या विषयावर व्याख्यान दिले. त्यावद्दल संस्था, महाविद्यालय व प्राचार्या आपले आभारी आहेत.

धन्यवाद !

Received.

Tapkeer  
4/2/2024

NT Tapkeer

010



Bharatiya Gyanvardhini Sabha's

# Kantilal Khinwasara B.Ed. College

Laxman Nagar, Thergaon Pune- 411033.

NCTE Code No. : APW00791/123125

Affiliated to University of Pune



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**PRINCIPAL**  
Dr. Nirmala Tapkeer  
(M.A.M.E.D Ph.D.)

Ref. No. 1141/B.Ed. 2023-24

Date: 24/01/2024

प्रति

सहा. प्रा. ज्योती विजय रणदिवे

अध्यापक महाविद्यालय वडगाव मावळ,

पुणे-४१२१०६

विषय - व्याख्यानासाठी उपस्थित राहणेबाबत.....

महोदय

आमच्या कांतीलाल खिंवसरा शिक्षणशास्त्र महाविद्यालयात सावित्रीबाई फुले पुणे विद्यापीठ पुणे व बहिःशाल शिक्षण मंडळ आणि कांतीलाल खिंवसरा शिक्षणशास्त्र महाविद्यालय यांच्या संयुक्त विद्यमाने गरजेवर आधारित उपक्रम या अंतर्गत दिनांक 0४/0२/२0२४ वार रविवार या दिवशी वेळ ४ दुपारी ४.०० वाजता "स्व-जाणीव " या विषयावर आपले व्याख्यान आयोजित करण्यात आलेले आहे. तरी व्याख्यानाकरिता आपली उपस्थिती प्रार्थनिय आहे.

धन्यवाद !

*Signature*

*NTop*



Bharatiya Gyanvardhini Sabha's  
Kantilal Khinwasara B.Ed. College

Laxman Nagar, Thergaon Pune- 411033.

NCTE Code No. APW00791/123125

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PRINCIPAL  
Dr. Nirmala Tapkeer  
(M.A.M.Ed. Ph.D. (Edu.))

Ref. No. 1155/B.Ed. 2023-24

Date: 04/02/2024

### आभारपत्र

सावित्रीबाई फुले पुणे विद्यापीठ पुणे व वहिःशाल शिक्षण मंडळ आणि कांतीलाल खिंवासरा शिक्षणशास्त्र महाविद्यालय यांच्या संयुक्त विद्यमाने गरजेवर आधारित उपक्रम या अंतर्गत मा. ज्योती विजय रणदिवे दिनांक 08/02/2024 वार रविवार या दिवशी वेळ : दुपारी 02.30 वाजता " स्व-जाणीव " या विषयावर व्याख्यान दिले. त्यावद्दल संस्था, महाविद्यालय व प्राचार्या आपले आभारी आहोत.

धन्यवाद !

Received  
Jaire

NT Tapkeer

**Bharatiya Gyanvardhini Sabha's  
Kantilal Khiwansara B.Ed.College, Thergoan , Pune  
Second Year Students List A/Y-2023-24**

**Need Based Program  
Attendance Sheet**

Date :04/02/2024 :

Sr. No.	STUDENT'S NAME	Sign
1	Kavita Gaikwad	<i>Kavita</i>
2	Purnima Sarawale	<i>Sarawale</i>
3	Vasika Veerpathak	<i>V. Veer</i>
4	Gayatri Dighe	<i>ADighe</i>
5	Tiupti Bhulerao	<i>Tiupti</i>
6	Ramkrishna Padmane	<i>RPadmane</i>
7	Yogita Bhalerao	<i>Yogita</i>
8	Surekha Ingle	<i>sIngle</i>
9	Shabha Ingale	<i>Shabha Ingale</i>
10	Kanchan Kadam	<i>Kadam</i>
11	Amruta Kulkarni	<i>AKulkarni</i>
12	Bhagyashri Ainapure	<i>Ainapure</i>
13	Beeta Yadav	<i>Beeta</i>
14	Roshni Sharma	<i>Roshni</i>
15	Kajal Kade	<i>Kajal</i>
16	Kajal Singh	<i>Kajal</i>
17	Shradha Pawar	<i>SPawar</i>
18	Jane' Gavhane	<i>Jane'</i>
19	Manisha Shirode	<i>MShirode</i>
20	Sushma Jais KM	<i>KJ</i>
21	Nikita Vaishnav	<i>Nikita</i>
22	Aditi Inge	<i>Aditi Inge</i>
23	Satpute Ranjana	<i>Satpute</i>

*NTople*

Principal

Room

College  
33

24	Samaudhi Chavan	Sravan.
25	Sneha Kulkarni	<del>Kulkarni</del>
26	Nikita Chaskar	<del>Nikita</del>
27	Kanchan Kadam	Kikadam.
28	Amruta Kulkarni	<del>Kulkarni</del>
29	Hrushala Kolge	<del>Kolge</del>
30	Priyanka Patil	PPatil
31	Yogita Chudhri	Yehadi.
32	Deeshna Parde	DeelPar
33	Shreika Bumbund	shreika
34	Vaasha Patil	VaashP
35	Anjali Poddar	Anjali
36	Hareemur Panjari	Har.
37	Darshana Parde	DePar.
38	Tirmal Jyatsna	Pirmal
39	Swasti Kaul	swasti
40	Kajal Pise	kajal
41	Sheetal Atrani	Sheet.
42	Strulika Pund	Spund.
43	Deepali Rajmane	Draymane
44	Sneha Panehi	Sneha
45	Tanvi Sahpal	<del>Tanvi</del>
46	Priyami Warke	PRW
47	Ashwini Bikkad	AB
48	Suvrona Bhat	SB
49	pramod Vishwakarma	Ps.
50	Pooja Thakur	Pooj.
51	Sunata Wagh	SW
52	ASHWINI BIAKHATE	AB.
53	AMIT KUMAR	Amit
54	Kajal Pise	KajalPise
55	Ratna Badi	RB
56	Priyanka Athire	PA
57	Swati Sureshant	Sw
58	Theora. Nikam	<del>Theora</del>
59	Dujata Salunke	DS



60	Suvarna Murtkoti	Suvarna Murtkoti
61	Yasmin Mundayi	Yasmin
62	Femina Khan	Femina
63	Kushboo Sriwas	Kushboo
64	Amrat Patil	Amrat
65	Suvarna Murtkoti	Suvarna
66	Ashwini Magak	Ashwini
67	PANCHAL MAYURI	Panchal
68	Shruti Yashani Shukla	Shruti Yashani
69	Panchal Mahadev	Panchal Mahadev
70	Surkrita Patil	Surkrita
71	Kiran Bhujhal	Kiran
72	Shreyas Roy	Shreyas
73	Praachi Sarat	Praachi
74	Bhagyashree Gadkari	Bhagyashree
75	Prachi Sarat	Prachi
76	Prachi Sarat	Prachi
77	Prachi Sarat	Prachi
78	Chandrakant Sonwane	Chandrakant
79	Prachi Sarat	Prachi
80	Tanvi Satpal	T. Satpal
81	Vinayaka Fulbunder	Vinayaka
82	Kalyani Chaudhari	Kalyani
83	Sunam Bhambhani	Sunam
84	Prachi Sarat	Prachi
85	Baby Kumari	Baby Kumari
86	Prishanka Inmani	Prishanka
87	Prachi Sarat	Prachi
88	Panshree Das	Panshree
89	Gouri Phurnat	Gouri
90	Marisha Chaugule	Chaugule
91	Poonam Sardaale	Sardaale
92	Prachi Sarat	Prachi
93	Vidhya Shiram	Vidhya
94	Yogita Patil	Yogita
95		

NTTops

कांतिलाल खिंचसरा महाविद्यालय, धेरगांव, पुणे

(विद्यार्थ्यांसाठी सूचना)

दिनांक : ३०.०१.२०२४

सर्व छात्राध्यापकांना कळविण्यात येते दिनांक ०३.०२.२०२४ या दिवशी महाविद्यालयात सावित्रीबाई फुले पुणे विद्यापीठ, पुणे व आजीवन अध्ययन विस्तार विभाग सावित्रीबाई फुले पुणे विद्यापीठ, पुणे यांच्या संयुक्त विद्यमाने व्याखानामालेचे आयोजन करण्यात आलेले आहे. तरी सर्व छात्राध्यापकांची उपस्थिती अनिवार्य राहिल.

वरील कार्यक्रमाचे नियोजन खालीलप्रमाणे →

अ.क	वार	दिनांक	वक्ते	विषय
१.	शनिवार	०३.०२.२०२४	अॅड. डॉ. भारती चव्हाण	महिला सवलीकरण
२.	शनिवार	०३.०२.२०२४	सुप्रिया पारसे	महिला सवलीकरण

समन्वयक

सहा. प्रा. ज्योती ठाकूर



प्राचार्य



Principal

Kantilal Khincharsa College







Bharatiya Gyanvardhini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune- 411033.

NCTE Code No. : APW00791/123125

Affiliated to University of Pune



**PRESIDENT**  
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**PRINCIPAL**  
Dr. Nirmala Tapkeer  
(M.A.M.E.d Ph.D) (Edu)

No. /1151 / B Ed. 2023-24

Date: 03/02/2024

आभारपत्र

सावित्रीबाई फुले पुणे विद्यापीठ पुणे व आजीवन अध्ययन ज्ञानविस्तार विभाग  
सावित्रीबाई फुले पुणे विद्यापीठ पुणे आणि कांतीलाल खिंवासरा शिक्षणशास्त्र  
महाविद्यालय यांच्या संयुक्त विद्यमाने दिनांक 03/02/2024 वार  
शनिवार या दिवशी वेळ : दुपारी 04.00 वाजता " महिला सबलीकरण " या  
विषयावर मा. अॅड. डॉ. भारती चव्हाण व्याख्यान दिले. त्याबद्दल  
संस्था, महाविद्यालय व प्राचार्या आपले आभारी आहोत.

धन्यवाद !

Principal

Kantilal Khinwasara B.Ed. College  
Thergaon, Pune-411033.



Paratiya Gyanvardhini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune- 411033.

TE Code No. : APW00791/123125

Affiliated to University of Pune



PRESIDENT

Shri S. S. Tiwari  
(M.Sc. DCM)

Ph No

20 27276785 Email: kkbepune@gmail.com

Website: www.kkbepune.org.in

PRINCIPAL

Dr. Nirmala Tapkeer  
(M.A.M.Ed Ph.D) (Edu)

C. No. 1148/3/2023-24  
पाने

Dak: 31/1/2024

मा. गुणिया पारंगे

वाकड, पुणे-४११०६४.

विषय - व्याख्यानासाठी उपस्थित राहणेबाबत.....

महोदय

आमच्या कांतीलाल खिंवासरा शिक्षणशास्त्र महाविद्यालयात सावित्रीबाई फुले  
पुणे विद्यापीठ पुणे अजीवन अध्ययन ज्ञानविस्तार विभाग सावित्रीबाई फुले पुणे विद्यापीठ  
पुणे व आणि कांतीलाल खिंवासरा शिक्षणशास्त्र महाविद्यालय यांच्या संयुक्त विद्यमाने दिनांक  
०३/०२/२०२४ वार :निवार या दिवशी वेळ : दुपारी ३.०० वाजता " महिला  
सबलीकरण " या विषयावर आपले व्याख्यान आयोजित करण्यात आलेले आहे. तरी  
व्याख्यानाकरिता आपली उपस्थिती प्रार्थनिय आहे.

धन्यवाद !

Parse

Principal

Kantilal Khinwasara B.Ed. College  
Thergaon, Pune-411033.

Dha-atiya Gyanvardhini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune- 411033.  
NCI Code No. : APW00791/123126  
Affiliated to University of Pune



**PRESIDENT**  
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(M.Sc. Ed.)

Ph. No. : 020-27270785 | mail: kkhedpune@gmail.com  
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**PRINCIPAL**  
Dr. Nirmita Tapkeer  
(M.A.M.Ed. & Ph.D. (Ed.))

Ref No 1150/B.Ed., 2023-24

Date : 03/02/2024

सावित्रीबाई फुले पुणे विद्यापीठ पुणे व आजीवन अध्ययन ज्ञानविस्तार विभाग  
सावित्रीबाई फुले पुणे विद्यापीठ पुणे आणि कांतीलाल खिंवासरा शिक्षणशास्त्र  
महाविद्यालय यांच्या संयुक्त विद्यमाने दिनांक 03/02/2024 वार  
शनिवार या दिवशी वेळ : दुपारी 03.00 वाजता " महिला सबलीकरण " या  
विषयावर मा. सुषिमा पासरे व्याख्यान दिले. त्याबद्दल संस्था, महाविद्यालय व  
पाचार्या आपले आभारी आहेत.

धन्यवाद !

**Principal**

Kantilal Khinwasara B.Ed. College  
Thergaon, Pune - 411033


Paras



**Bharatiya Gyanvardhini Sabha's**  
**Kantilal Khiwansara B.Ed.College, Thergoan , Pune**  
**Second Year Students List A/Y-2023-24**

Life long Learning programm - Women Empowerment  
Attendance Sheet Date :03/02/2024

Sr. No.	STUDENT'S NAME	Sign
1	Shelar. Abhilasha S.	Shelar
2	Shelar Shreuti V	Shreuti
3	swati Shinde	Swati
4	Manushtee Das	Das
5	manisha chougule	Manisha
6	Vinayale S. Gulwande	Gulwande
7	Adhar Kamini	Kamini
8	Vashti Vedpathak	V. Ved
9	Fahwini Chalse.	Fahwini
10	Shivani Dubey	Shivani
11	Sanita Pathi	Sanita
12	Kajal Singh	Kajal
13	Rosali Saxena	Rosali
14	Bhagyeshni Ainapure	Ainapure
15	Preeti Bawane	Bawane
16	Sneha Kulkarni (FYBEd)	Kulkarni
17	Amruta Kulkarni	Amruta
18	Ranjana Satpute	Satpute
19	Smita Ravindra Salve	Salve
20	Rajashree A. Katange	Katange
21	Triveni Pawase	Pawase

  
**Principal**  
 Kantilal Khiwansara B.Ed. College  
 Thergoan, Pune - 411033.

22	Yogita Chalesaw	Yogita
23	Seeta Yadav	S
24	Ramkishan padamane	Ramkishan
25	CHANGESH MORE	Changesh
26	Kanchan Kadum	Kanchan
27	Mayuri Panchal	Mayuri
28	Kavita Gaiwad	Kavita
29	Nikhita Kambale	Nikhita
30	Ishi Behalpede	Ishi
31	Saanchi Rohas	Saanchi
32	Nirrita A. Chaskar	Nirrita
33	Patel Chingga	Patel
34	Priya Anand	Priya
35	Snehal Patki	Snehal
36	Trupti Patil	Trupti
37	Swati Jadhav	Swati
38	Manisha Yadav	Manisha
39	Supriya Jadhav	Supriya
40	Priyanka Patil	Priyanka
41	Ramandeep Kaur	Ramandeep
42	Prachi Sant	Prachi
43	Bhagyashree Gadkari	Bhagyashree
44	Shreyas Roy	Shreyas
45	Sheetal Klibragacie	Sheetal
46	Jyoti Takalkar	Jyoti
47	Madhuri Khandave	Madhuri
48	Sneha Panchi	Sneha
49	Deepali Rajmane	Deepali
50	Sapana Vispute.	S.P. Vispute
51		
52		

NTopt

"स्वावित्रीबाई फुले पुणे विद्यापीठ पुणे"

"आजीवन अध्ययन व विस्तार विभाग"

आणि कातीलाल खिंक्सरा बी. एड कॉलेज, येरगाव  
यांच्या संयुक्त विद्यमाने दि. 3/2/24 रोजी

"महिला संवर्धन"

या विषयावर व्याख्यान आयोजित करण्यात आले  
होते. व्याख्यानाकरिता आतिथी तत्वे म्हणून  
पोलीस कॉन्स्टेबल

सुप्रिया पारसे

अॅडव्हॉकेट शे.मा. भारती चव्हाण

उपस्थिती लाभली.

मा. सुप्रिया पारसे

सर्वप्रथम कार्यक्रमाची सुरुवात सरस्वती पूजनाने  
झाली. या कार्यक्रमाचे सूत्रसंचालन निकीता चव्हाकर  
या प्रथम वर्षाची विद्यार्थिनीने केले. उपस्थित  
मान्यवरांची ओळख विनायक फूलसुंदर व  
स्नेह कुलकर्णी या विद्यार्थ्यांनी करून दिली.  
सर्व मान्यवर प्राध्यापिका, प्राचार्या डॉ. तापूकीर  
मंडम तसेच बहिःशाला विभागा प्रमुख प्रा. ज्योती  
डावखर यांच्या उपस्थितीत कार्यक्रमाची सुरुवात  
झाली.

सर्वप्रथम मा. सुप्रिया पारसे यांनी  
विद्यार्थी वर्गाला मार्गदर्शन केले. कॉन्स्टेबल सुप्रिया  
पारसे या 'दामिनी पथक' वाकड विभागा येथे  
कार्यरत आहेत. त्यांनी सांगितले की महिलांना होणारी  
कोणत्याही प्रकारची शारीरिक अशुभा मानसिक छेडछाड  
या करता हे पथक कार्यरत आहे हे दामिनी पथक



नेमूण दिलेल्या प्रशासनाच्या माध्यमिक शाळा  
तु महाविद्यालयीन गुन्तीसाठी मदत करणे  
पाहिजे आहे. 112 या क्रमांकावर जाके करणे  
मदत मागू शकते. महिलांनी त्यांच्यात  
अज्ञानाविरुद्ध दाद मागितली पाहिजे तेव्हा  
योगीनी पुरक राखणे पाहिजे. सर्वश्री  
त्यांच्यात जाहेरीची मदत करणे अपेक्षित  
कारवाही करू शकते तसेच जाशब्दी वास्तव  
शुभ्रिणा ताईनी असेही जागृद करणे की मुक्तीना  
स्वयंशिक्षणाचे प्रशिक्षण घेतले पाहिजे व वेळप्रसंगी  
महिलांनी स्वमदत करणे प्राथमिक स्तरावर  
अज्ञानाविरुद्ध प्रतिकार करता आता पाहिजे.

डॉ. भारती चव्हाण :-

महिला सवतीकरण या विषयांतर्गत  
माहिती करताना भारती डॉ. म्हाणेत्या की  
समाज महिलांना संधी देणे त्या संधी स्विकारणे  
आपल्याला काम करता आले पाहिजे. दुसरी गोष्ट  
म्हाणजे केवळ पुस्तकातील उदाहरणे वाचून सवतीकरण  
साधत नाही तर महिलांनी एकत्र येऊन अद्यतित  
कार्य करणे असेच आहे तिसरी महत्त्वाची गोष्ट  
म्हाणजे एका महिलेने दुसऱ्या महिलेस शक्य तितकी  
मदत केली पाहिजे त्यामुळे महिलांची ताकद विभागली  
न जाता दृष्टीगोचर होते. महिलांनी स्वतःची ताकद  
घेतली पाहिजे स्वतःवर प्रेम केली पाहिजे तेव्हाच  
त्या सुद्धा कुटुंब व समाज निर्माण करू शकतात  
दुसऱ्यांनी रेषे लाहून करणाऱ्या स्वतःचे कर्तव्य  
सिद्ध केले पाहिजे नाही ती निरशक्त सहनशीलता  
ताकद सोडून आत्मनिवारण ताकदता पाहिजे  
आर्थिक क्षमता, मानसिक क्षमता व आर्थिक क्षमता

वाढवली पाहिजे तरच कुटूंब सक्षम बनेल आणि देशाच्या विकासाला हतभार लगेल.

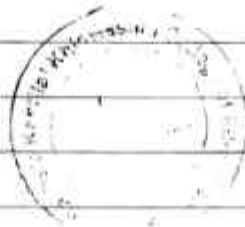
उपरोक्त मान्यवरांच्या मार्गदर्शनाच्या समाप्ती नंतर मा. प्राचार्या डॉ. निर्मला तापकीर मेडम यांच्या हस्ते कौन. सुप्रिया पारसे व अॅड. भास्ती चव्हाण यांचा सत्कार करण्यात आला. त्यानंतर मान्यवर अतीथी, प्राध्यापक वगैरे व विद्यार्थी विद्यार्थिनींसाठी अल्पोपहाराचा कार्यक्रम आयोजित करण्यात आला. होतू अल्पोपहारानंतर कार्यक्रमाची सांगता आभारप्रदर्शन करून करण्यात आली.

कार्यक्रम अतिशय ह्यान पद्धतीने पार पडला



Principal

Kantilal Khir...  
Thergaon, Pune-411033.



# महिलांनी महिलांच्या मागे शक्ती म्हणून उभे राहावे

## भारती चव्हाण : थेरगावात 'महिला सबलीकरण' विषयावर व्याख्यानमाला

पारकूर, ता. ५ - पुस्तकातील उदाहरणे वाचून महिला सबलीकरण साधत नाही महिलांनी एकत्र येत संघटितपणे कार्य करणे गरजेचे आहे. सबलीकरणासाठी महिलांनी महिलांच्या मागे शक्ती म्हणून उभे राहण्याची गरज आहे, जसे मृत माहिनी फाउंडेशनच्या संस्थापक अॅड. भारती चव्हाण यांनी शब्द केले.

भारतीय ज्ञानवर्षिणी समवे कांतिहार खिचरा बी.एड. महाविद्यालय आणि सावित्रीबाई पुणे पुणे विद्यापीठ आयोजन



वेरगाव : मार्गदर्शन करताना अॅड. भारती चव्हाण व मान्यवर.

अध्यक्षन व विस्तार विभाग यांच्या वतीने 'महिला सबलीकरण' या विषयावर व्याख्यानमालेचे आयोजन करण्यात आले.

व्याख्यानमालेसाठी संस्थेचे अध्यक्ष प्रस. प्रस. तिवारी, महासचिव सौमल तिवारी, पोलिस कर्मचारी

सुप्रिया पारसे, प्राध्यापिका डॉ. निमला तापकीर आदी उपस्थित होते. मुली व महिलांनी स्वसंरक्षणाचे धडे घ्यावे, महिलांनी त्याचावर होणाऱ्या अन्यायाविरुद्ध योग्य ठिकाणी दाद मागितली बाहिने, वेळोवेळी दामिनी पथक अपेक्षित कारवाई करू शकते

जसे पोलिस कर्मचारी सुप्रिया पारसे म्हणाल्या.

महिला सबलीकी अर्थात महिलांना आर्थिक स्वातंत्र्य वाढीस सबलीकरणामुळे होणारे फायदे आणि छोटे स्व-संरक्षण या मुद्द्यांवर प्रश्नोत्तर स्वरूपात सत्र घडवून आणली व मार्गदर्शन केले.

समन्वयक प्रा. ज्योती हावळकर, प्रा. सुभाष लंबात, प्रा. नीता पुरी, प्रा. सुप्रतिमा बाडील, प्रा. सुरेखा राजवंत, प्रा. शैलजा बतुर्वेदी प्रा. सुनील खावळे, दिनेश केजळे आदींनी सहभाग केले.

दैनिक सकाळ

दिनांक - ०६ फेब्रुवारी २०२४

*Signature*

Kantilal ... College  
Thergaon ...



कांतिलाल शिंदेसम महाविद्यालय, धेरगांव, पुणे

(विद्यार्थ्यांसाठी मुक्ता)

दिनांक : २२.१०.२०२३

सर्व छात्राध्यापकांना कळविण्यात येते दिनांक २३.१०.२०२३ ते २८.१०.२३ या कालवधीत महाविद्यालयात सावित्रीबाई फुले पुणे विद्यापीठ, पुणे व बहिःजाल शिक्षण मंडळ, पुणे यांच्या संयुक्त विद्यमाने, "बॅरिस्टर बाबासाहेब जयकर व्याख्यानमालेचे" आयोजन करण्यात आलेले आहे. तसे सर्व छात्राध्यापकांची उपास्थिती आनिवार्य आहे.

वरील कार्यक्रमाचे नियोजन खालीलप्रमाणे →

अ. क.	वार	दिनांक	वक्ते	विषय
१.	गुरुवार	२६.१०.२०२३	डॉ. माधवी खगत	प्राचीन भारतीय वाङ्मय
२.	शुक्रवार	२७.१०.२०२३	डॉ. प्रकाश सन्ते	योगा आणि आरोग्य
३.	शनिवार	२८.१०.२०२३	डॉ. सुरेंद्र इयावे	नंक ला सामां जाताना

केंद्रकार्यवाह



प्राचार्य



(नाम प्रा. ज्योती डावखर)



Bharatiya Gyanvardhini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune- 411033.  
NCTE Code No. : APW00791/123125  
Affiliated to University of Pune



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(M.Sc. DCM)

Ph. No. 020-27276785 Email: kkbedpune@gmail.com  
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**PRINCIPAL**  
Dr. Nirmla Tapkeer  
(M.A.M.Ed. Ph.D.)

Date: 16/10/2023

Sl. No. 1093/B.Ed./2023-24

प्रति

मा. डॉ. प्रकाश सस्ते

गट नं. १५३, प्लॉट नं. २८, जय गणेश पार्क,

सहकार नगर, जांवे, ता. मुळशी, जि. पुणे - ४११०३३

विषय - व्याख्यानासाठी उपस्थित राहणेबाबत.....

महोदय

आमच्या कांतीलाल खिंवसरा शिक्षणशास्त्र महाविद्यालयात सावित्रीबाई फुले पुणे विद्यापीठ पुणे व बहिःशाल शिक्षण मंडळ आणि कांतीलाल खिंवसरा शिक्षणशास्त्र महाविद्यालय यांच्या संयुक्त विद्यमाने वॅ. बाबासाहेब जयकर व्याख्यानमाले अंतर्गत दिनांक २७/१०/२०२३ वार शुक्रवार या दिवशी वेळ: दुपारी ०२.३० वाजता "योगा आणि आरोग्य" या विषयावर आपले व्याख्यान आयोजित करण्यात आलेले आहे. तरी व्याख्यानाकरिता आपली उपस्थिती प्रार्थनिय आहे.

धन्यवाद !

*NTT*

Principal

Kantilal Khinwasara B.Ed. College  
Thergaon, Pune-411033.

Received  
*[Signature]*

Bharatiya Gyanvardhini Sabha's  
**Kantilal Khinwasara B.Ed. College**

Laxman Nagar, Thergaon Pune- 411033.

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Ph. No. : 020-27276785 Email : kkbepune@gmail.com  
Website : www.kkbepune.org.in

**PRINCIPAL**  
Dr. Nirmala Tapkeer  
(M.A.M.E.D Ph.D)

Ref. No - 1099 / B.Ed. 2022-23

Date : 27/10/2023

**आभारपत्र**

सावित्रीबाई फुले पुणे विद्यापीठ पुणे व बहिःशाल शिक्षण मंडळ आणि कांतीलाल खिंवसरा शिक्षणशास्त्र महाविद्यालय यांच्या संयुक्त विद्यमाने डॉ. बाबासाहेब जयकर व्याख्यानमाले अंतर्गत मा. डॉ. प्रकाश सस्ते यांनी दिनांक २७.१०.२०२३ वार शुक्रवार या दिवशी 'योगा आणि आरोग्य' या विषयावर व्याख्यान दिले त्याबद्दल संस्था, महाविद्यालय व प्राचार्या आपले आभारी आहोत.

धन्यवाद !

*NT-apt*

**Principal**

Kantilal Khinwasara B.Ed. College  
Thergaon, Pune-411033.

Received  
*[Signature]*



BARRISTER BABASAHEB JAYKAR LECTURE SERIESLECTURE # 6 : REPORTDATE : 27/10/2023VENUE : KANTILAL KHINWASARA B.ED. COLLEGE, THERGAON

The Second Lecture in the Barrister Babasaheb Jaykar Lecture Series held by Savitribai Phule Pune University, in conjunction with the Board of Extra Mural Studies, Pune, at our Kantilal Khinwasara B. Ed. College, Thergaon on 27<sup>th</sup> October 2023.

A beautiful Rangoli was made outside the Lecture Hall by Madhuri Khandave, Supriya Pawar and Rekha Pardeshi. The Blackboard decoration was done by Swati Apte, and the Seating Arrangement was handled by Yogita Patil. The pictures were clicked by Dipati Rajmane.

The Anchor for the Event, Madhuri Khandave, began the event by welcoming the Attendees. She then requested the Guest Speaker, our Principal Ma'am and all the Faculty members to perform the lighting of lamps and Saraswati Poojan, which was accompanied by a melodious rendition of the Saraswati Vandana by Yogita Patil and Vidya Shiram.

After the Saraswati Poojan, everyone sang the

Maharashtra state song, followed by the Savitribai Phule Pune University song.

The guest speaker for the event, respected Dr. Prakash Saste, was then felicitated by our Principal Dr. Nirmala Tapker Ma'am, and was presented by the customary Book.

Shetal Khobragade then gave an Introduction of the guest speaker Dr. Prakash Saste, enlisting his numerous achievements, contributions, and his field of expertise.

The anchor then invited the respected guest speaker for the lecture. Dr. Prakash Saste spoke on the Topic 'YOGA ANI AROGYA' in which he described the meaning and importance of Yoga in our lives. He delivered a wonderful and captivating lecture, engaging the audience through a well-structured lecture full of humour, wit and enriching experiences. At the end of his lecture, he also demonstrated various Yoga practices like JAL NETI, RUBBER NETI and PRANAYAM. He also explained how SHANKH PRAKSHALAN is performed.

Sneha Panchi handed out the Student Feedback form to all the attendees and collected them back after they were filled out.

The Anchor then invited Vidya Shekhar for the



# WORKSHOP

Place:- SNBP International School, Rahatani

Topic:-  
"Challenges Converted into opportunities for Educators in Current time"

In today's time many types of problems are in front of us. Especially in a field where you have to work with many different types of people. In the field of education too, one has to face these problems every day. But we should not be afraid of them rather we should solve them by taking them as an opportunity and learn from them for the future.

In this context a Workshop is organized at SNBP School, Rahatani. The topic of the workshop is "Challenges Converted into opportunities for Educators in Current time".

The students of our B.ed college also got a chance to participate in this. Events like this definitely show us a direction and give us an opportunity to look at things in a new way. This workshop was very good.

Mrs. Jayshree Venkataraman Principal of SNBP (Rahatani) expressed her views on the subject. She told us that we should never become puppets of the situation,





## • About EduYouth Meet

1. The EduYouth Meet is a collaborative event of students and educators organised in Pune on Feb-4, 2023 from 6 pm to 9 pm which is likely to be attended by about 1 lac youth and 10000+ educators.
2. Human values is one of the major themes of the New Education Policy (NEP-2020) given the fact that the youth of the nation are grappling with multiple challenges such as addictions, depressive or aggressive tendencies, electronic fever and other mental health issues. The EduYouth meet is being organised based on the said theme.
3. We are honoured to share that besides the Hon'ble Dignitaries, ICCR President Dr. Vinay Sahasrabuddhe and NAAC Chairman-EC Shri. Bhushan Patwardhan have confirmed their presence for the event.

## • B. NAAC - Formal Acceptance & Attendees

It is worth to remark that the Hon'ble NAAC Chairman in his formal acceptance to the invitation has mentioned that "The chosen topic is more apt since one of the criteria of NAAC is on student support and progression".

(Attached herewith is the "Letter of Acceptance" for your kind perusal)

## • ORGANISERS OF EDUYOUTH MEET & OBJECTIVES

1. EduYouth Meet is being organised jointly by 11 prominent educational groups including Savitribai Phule Pune University (SPPU) in association with the Indian Council for Cultural Relations (ICCR) and the Art of Living Foundation. The other educational institutions include Symbiosis International University, Bharati Vidyapeeth, MIT, Dr. D. Y. Patil Vidyapeeth, Progressive Education Society, Maharashtra Education Society, Maharshi Karve Stree Shikshan Samstha, SP College, CCEP and Suryadatta. The statutory bodies like NHRDN and NRDC have also partnered to support the EduYouth Meet.
2. Gurudev Sri Sri Ravi Shankar shall share practical effective techniques to face exams in a stress-free manner.
3. Almost 1 lac students along with their Educators shall be encouraged to take an oath for a Drug Free India which will be entered into the Asia Book of Records.



- **HOW TO ENCOURAGE THE PARTICIPATION OF STUDENTS & EDUCATORS?**
  1. Mass registering all the students using the QR Code / registration link on campus itself. (REFER THE SOP)
  2. Various colleges are arranging buses for commuting. This may be termed as an Educational Trip for the students.
  3. Private colleges are giving incentives by way of attendance or marks (e.g. For colleges affiliated to SPPU, the participating students will take a MCQ quiz after the event. All the students successfully passing the quiz will be awarded 10 marks.)
  
- **Recognition by Hon'ble Ministry of Education & Hon'ble Ministry of Culture - "Har Ghar Dhyam"**
  1. The Ministry of Education, vide its letter dt. 24/11/2022 (D.O. No.2-102/2022) has recognised the efforts of the Art Of Living and has guided all the Hon'ble Vice Chancellors across India to collaborate with the Art Of Living to promote wellness & mental health programs in all the educational institutions.
  2. This has been reiterated by another letter dt.17/11/2022 (D.O. No.16-34/2022-UIA) issued by Ministry of Education urging colleges to participate in the Har Ghar Dhyam campaign by the Art of Living Foundation. The UGC too in its letter (D.O.No.2-102/2022 (CPP-11) has reiterated the same appeal to all colleges on Har Ghar Dhyam campaign. (Letters are annexed herewith)
  
- **REGISTRATION PROCESS FOR THE EVENT**
  1. Entry for the event is **free** but registration is mandatory
  2. Please refer to the SOP for the entire process.



EDUYOUTH

MEET



एनएनएयूथ मूल्यांकन एवं प्रत्यायन परिषद  
विश्वविद्यालय अनुदान आयोग का स्वायत्त संस्थान  
NATIONAL ASSESSMENT AND ACCREDITATION COUNCIL  
An Autonomous Institution of the University Grants Commission

Prof. Bhushan Patwardhan  
Chairman-Executive Committee

SE No. 3-50/DO/2023

19<sup>th</sup> January 2023

To,  
Mr. Himanshu Nagarikar  
Director, Maharashtra  
Institution Programs Desk

Respected Sir,

**Sub: Edu Youth Meet**  
**Ref: Your email dt.18.01.2023**


The Chairman of Executive Committee of NAAC Prof. Bhushan Patwardhan Ji is immensely happy to accept your invitation for participating in the Edu-Youth meet being organized by Savitribai Phule Pune University, Pune on 4/02/2023 where in Gurudev Sri Sri Ravishankar ji will be gracing the occasion along with other dignitaries.

The chosen topic is more apt since one of the criteria of NAAC is on student support and progression. I hope the meeting deliberates on achieving the desired goals.

Thanking you,

With warm regards, Namaste

Yours sincerely,

  
(Sri. H. V. Chandrashekhara)  
Consultant (Admin), NAAC

Copy to:

Prof. Bhushan Patwardhan Ji,  
Chairman-EC, NAAC & Former Vice-Chairman, UGC  
National Research Professor - AYUSH,  
Interdisciplinary School of Health Sciences, Savitribai Phule Pune University,  
Ganeshkhind, Pune, Maharashtra

नॅ. अॅ. आर. अॅ. 1075, नॅ.अॅ. अॅ. अॅ. - 560 072, 5604. P.O.Box No.1075, Nagabhavi, Bengaluru - 560 072, INDIA.  
गुण. Phone : +91-80-23210267, 23005442, 114, 115, नॅ.अॅ. Fax : +91-80-23210268  
वेबसाईट: Website : www.naac.gov.in

ORGANISED BY

SUPFOOTED BY



&gt;&gt;&gt;

EDUYOUTH

MEET &gt;&gt;&gt;



सत्यमेव जयते

प्रो. राजनीश जैन  
सचिव

Prof. Rajnish Jain  
Secretary



सत्यमेव जयते

विश्वविद्यालय अग्रसार आयोग  
University Grants Commission

उच्च शिक्षण विभाग  
Ministry of Education, Govt. of India  
अग्रसार आयोग, ए. ई. रोड-110002  
Indira Park, Jeebhoo Road, New Delhi-110002  
Ph. 011-2323400/2323437  
Fax: 011-2323455  
Email: ugc@ugc.gov.in

D.O.No.2-102/2022 (CPP-II)

November, 2022

Subject: Har Ghar Dhyana campaign 21 NOV 2022

Respected Madam/Sir,

As you are aware, Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of Independence and the glorious history of its people, culture and achievements.

Under the Aegis of Azadi Ka Amrit Mahotsav, Ministry of Culture has collaborated with the Art of Living foundation and launched a campaign "Har Ghar Dhyana" to conduct one-hour introductory sessions on meditation and mental health for people from all walks of life. The modules have been developed by founder of Art of Living Sri Sri Ravi Shankar Ji and trained faculty from Art of Living shall conduct these sessions free of any cost to the interested organizations (subject to capacity and execution plan).

The Higher Educational Institutions and their affiliated colleges/ institutions are requested to encourage students and faculty members to take benefit of this program by introducing to meditation as a solution for positive mental health. Each University/College may fill up the request form on [ayc.org/ugd-college](http://ayc.org/ugd-college) and nominate a senior faculty/staff as "Meditation Ambassador" for this program. The Art of Living will directly contact and coordinate with the nominated Meditation Ambassadors to conduct these sessions.

With kind regards,

Yours sincerely,

(Rajnish Jain)

To  
The Vice-Chancellors of all Universities  
The Principals of all Colleges/Institutes

को. संजय मूर्ति, ए. ई. रोड  
सचिव

K. SANJAY MURTHY, IAS  
Secretary  
Tel. 011-2323445/ 2323437  
Fax: 011-2323455  
Email: [sec@ugc.gov.in](mailto:sec@ugc.gov.in)



विश्वविद्यालय अग्रसार आयोग  
Government of India  
ए. ई. रोड-110002  
Ministry of Education  
अग्रसार आयोग  
Department of Higher Education  
ए. ई. रोड, इंदिरा पार्क, ए. ई. रोड-110002  
110002 Wazirpur, Shakti Bhawan, New Delhi-110002

D.O. No. 16-34/2022-U1A

Dated the 17<sup>th</sup> November, 2022

Dear Sir/Madam,

As you are aware, Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of Independence and the glorious history of its people, culture and achievements.

2. Under the Aegis of Azadi Ka Amrit Mahotsav, Ministry of Culture has collaborated with the Art of Living foundation and launched a campaign "Har Ghar Dhyana" to conduct one-hour introductory sessions on meditation and mental health for people from all walks of life. The modules have been developed by founder of Art of Living Sri Sri Ravi Shankar Ji and trained faculty from Art of Living shall conduct these sessions free of any cost to the interested organizations (subject to capacity and execution plan).

3. I request you to take benefit of this program by introducing students and faculty members to meditation as a solution for positive mental health. Each University/College may fill up the request form on [ayc.org/ugd-college](http://ayc.org/ugd-college) and nominate a senior faculty/staff as "Meditation Ambassador" for this program. The Art of Living will directly contact and coordinate with the nominated Meditation Ambassadors to conduct these sessions.

Yours sincerely,

(K. Sanjay Murthy)

Vice-Chancellors of all the Universities,  
Directors of IITs/IITs-ISM/NIIE/ISE/ISER/other CTEs

ORGANISED BY

SUPPORTED BY



# REPORT

DATE

TOPIC

PLACE

TIMING: 10 A.M. to 12 P.M.

On the 18<sup>th</sup> January 2020 the "Nirbhaya Kanya Abhiyan Counselling session" were arranged in Rasiklal M. Dhariwal institute of management pradhikaran, Nigdi. At the initial of the session the guest were welcome. The guests are experts which are came to do the awareness about abusement which happens most of the time with the girls. The expert's introduction was done. After that she started the counselling. Firstly, the expert gives introduction about nirbhaya kanya Abhiyan. After some words she asks some questions & tried to catch some kind of problems which faced by the girls regularly in daily life. She told that the abusement which is done with the girls

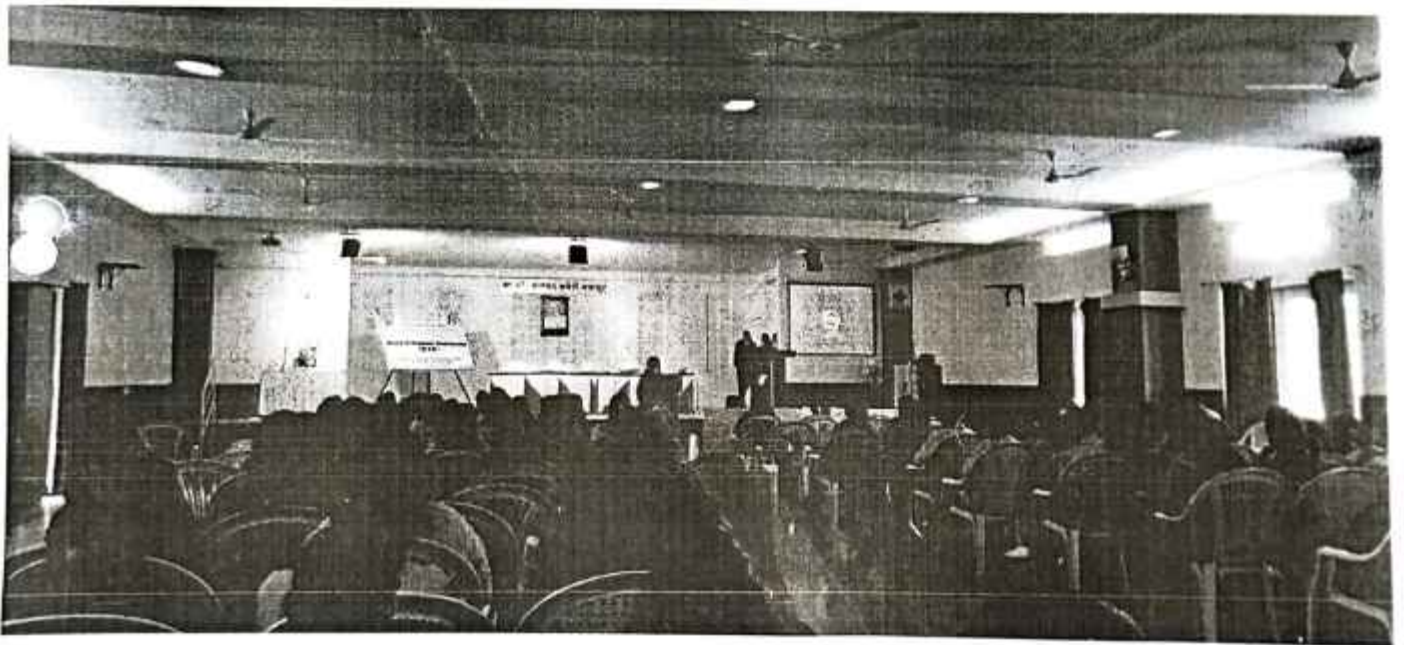
DEEP



should be opposed strongly. Then some girls were also opened up & asks the solution to oppose it. She also gives satisfied answers. After that vote of thanks was given.

For "Nirbhaya kanya Abhiyan counselling session", the two another experts were also invited. These experts are for the defensive mechanism learning. They gives the primary information about defensive mechanism. In primary information they told to improve the self-confidence & some thoughts that we need to care.

After introducing the defence mechanism they shows some tricks of defence for opposing the abusement. They gave the demo of it, while explaining the tricks.





# महिलांनी महिलांच्या मागे शक्ती म्हणून उभे राहावे

भारती चव्हाण : थेरगावात 'महिला सबलीकरण' विषयावर व्याख्यानमाला

वाकड, ता. ५ : पुस्तकातील उदाहरणे वाचून महिला सबलीकरण साधत नाही, महिलांनी एकत्र येत संघटितपणे कार्य करणे गरजेचे आहे. सबलीकरणासाठी महिलांनी महिलांच्या मागे शक्ती म्हणून उभे राहण्याची गरज आहे, असे मत मानिनी फाउंडेशनच्या संस्थापक अॅड. भारती चव्हाण यांनी व्यक्त केले.

भारतीय ज्ञानवर्धिनी सभेचे कांतिलाल खिंवरसरा बी.एड. महाविद्यालय आणि सावित्रीबाई फुले पुणे विद्यापीठ आजीवन



थेरगाव : मार्गदर्शन करताना अॅड. भारती चव्हाण व मान्यवर.

अध्ययन व विस्तार विभाग यांच्या वतीने 'महिला सबलीकरण' या विषयावर व्याख्यानमालेचे आयोजन करण्यात आले.

व्याख्यानमालेसाठी संस्थेचे अध्यक्ष एस. एस. तिवारी, महासचिव सोनल तिवारी, पोलिस कर्मचारी

सुप्रिया पारसे, प्राचार्या डॉ. निर्मला तापकीर आदी उपस्थित होते. मुली व महिलांनी स्वसंरक्षणाचे धडे घ्यावे, महिलांनी त्यांच्यावर होणाऱ्या अन्यायाविरुद्ध योग्य ठिकाणी दाद मागितली पाहिजे, तेव्हाच दामिनी पथक अपेक्षित कारवाई करू शकते,

असे पोलिस कर्मचारी सुप्रिया पारसे म्हणाल्या.

महिला सबला की अबला, महिलांना आर्थिक स्वातंत्र्य तसेच सबलीकरणामुळे होणारे फायदे आणि तोटे, स्व-संरक्षण या मुद्द्यांवर प्रश्नोत्तर स्वरूपात चर्चा घडवून आणली व मार्गदर्शन केले.

समन्वयक प्रा. ज्योती डावखर, प्रा. वर्षा लंबाते, प्रा. नीता पुरी, प्रा. मृणालिनी पाटील, प्रा. सुरेखा राजवंत, प्रा. शैलजा चतुर्वेदी, प्रा. सुनील खंडाळे, दिनेश केंजळे आदींनी संयोजन केले.



Bharatiya Gyanvardhini Sabha's  
Kantilal Khiwansara B.Ed.College, Thergoan, Pune  
First Year B.Ed. Students List, - A/Y-2023-24  
Students Attendance (Co- Curricular Activities)

Roll No.	STUDENT'S NAME	Mahatma Gandhi / Lal Bahadur Shastri Jayanti	DR. APJ Abdul Kalam Jayanti	Induction programme	Bhanda Celebration	Diwali Celebration	National Mathematics Day	Savitri Bai Phule Jayanti	Swami Vivekananda / Jyoti Mata Jayanti	Mahar Sanbranti	Women's Day
1	Adhav Kamini	Kamini	Kamini	Kamini	Kamini	Kamini	Ab	Kamini	Kamini	Ab	Kamini
2	Aghame Samir	Samir	Samir	Samir	Samir	Samir	Ab	Samir	Ab	Samir	Samir
3	Ainapure Bhagvashri	B.Ainapure	Ab	B.Ainapure	B.Ainapure	Ab	B.Ainapure	B.Ainapure	B.Ainapure	Ab	B.Ainapure
4	Ambadkar Ankita	Ankita	Ankita	Ankita	Ab	Ankita	Ab	Ankita	Ankita	Ankita	Ankita
5	Arora Richa	Richa	Richa	Richa	Richa	Richa	Richa	Richa	Richa	Richa	Richa
6	Arote Aruna	A.Arote	A.Arote	A.Arote	A.Arote	Ab	Ab	A.Arote	Arote	A.Arote	A.Arote
7	Bawane Preeti	Preeti	Preeti	Preeti	Preeti	Preeti	Preeti	Preeti	Preeti	Preeti	Preeti
8	Chaise Ashwini	Ashwini	Ashwini	Ashwini	Ab	Ashwini	Ab	Ashwini	Ab	Ashwini	Ashwini
9	Chandekar Privanka	Ab	Privanka	Privanka	Privanka	Privanka	Privanka	Privanka	Privanka	Privanka	Privanka
10	Chaskar Nikita Gulab	N.G.Chaskar	N.G.Chaskar	N.G.Chaskar	N.G.Chaskar	Ab	N.G.Chaskar	Ab	N.G.Chaskar	N.G.Chaskar	N.G.Chaskar
11	Dhumal Gouri	Gouri	Gouri	Ab	Gouri	Gouri	Gouri	Ab	Gouri	Gouri	Gouri
12	Fernadis Monika	Monika	Ab	Monika	Monika	Monika	Monika	Monika	Monika	Monika	Monika
13	Ganorkar Vidya	Vidya	Vidya	Vidya	Vidya	Vidya	Vidya	Vidya	Vidya	Vidya	Vidya
14	Tsujen Easter M.	Ab	Easter	Easter	Easter	Ab	Easter	Ab	Easter	Ab	Easter
15	Haradage Supriya	S	S	S	S	S	S	S	S	S	S
16	Himanshu Shekhar	Ab	H.Shekhar	H.Shekhar	Ab	H.Shekhar	Ab	H.Shekhar	H.Shekhar	Ab	H.Shekhar
17	Ingle Smita	Ab	Smita	Smita	Smita	Smita	Ab	Smita	Smita	Ab	Smita
18	Jadhav Supriya Parag	Ab	Ab	Ab	Ab	Ab	Ab	Ab	Ab	Ab	Ab
19	Jadhav Swati	Ab	Ab	Ab	Ab	Swati	Swati	Swati	Swati	Swati	Swati
20	K.M.Priti	Priti	Priti	Ab	Priti	Ab	Ab	Priti	Ab	Priti	Ab
21	Kadam Devkanya	Ab	K.D	K.D	Ab	K.D	Ab	Ab	K.D	Ab	K.D

**Inventory Management System**  
 Department of Information Systems  
 Faculty of Business Administration  
 University of Toronto

Item ID	Description	Category	Unit	Quantity	Unit Price	Total Value	Reorder Point	Current Stock	Supplier	Lead Time
001	Office Paper	Stationery	Ream	100	1.50	150.00	50	75	ABC Supply	2 days
002	Ballpoint Pens	Stationery	Box	50	3.00	150.00	20	15	XYZ Stationery	3 days
003	Printer Paper	Stationery	Box	20	7.50	150.00	10	5	DEF Supplies	1 day
004	Printer Ink	Stationery	Bottle	5	30.00	150.00	2	1	GHI Ink	5 days
005	Office Chairs	Furniture	Chair	10	15.00	150.00	5	3	JKL Furniture	7 days
006	Office Desks	Furniture	Desk	5	30.00	150.00	3	2	MNO Furniture	10 days
007	Office Tables	Furniture	Table	3	50.00	150.00	2	1	PQR Furniture	14 days
008	Office Sofas	Furniture	Sofa	2	75.00	150.00	1	0	RST Furniture	21 days
009	Office Stools	Furniture	Stool	15	10.00	150.00	8	6	TUV Furniture	3 days
010	Office Cables	Electronics	Box	10	15.00	150.00	5	3	VWX Electronics	4 days
011	Office Monitors	Electronics	Monitor	5	30.00	150.00	3	2	YZA Electronics	6 days
012	Office Keyboards	Electronics	Keyboard	10	15.00	150.00	5	3	BCD Electronics	3 days
013	Office Mice	Electronics	Mouse	10	15.00	150.00	5	3	EFG Electronics	3 days
014	Office Printers	Electronics	Printer	5	30.00	150.00	3	2	HIJ Electronics	7 days
015	Office Scanners	Electronics	Scanner	5	30.00	150.00	3	2	KLM Electronics	7 days

Bharatiya Gyanvardhini Sabha's  
Kantilal Khivansara B.Ed.College, Thergoan, Pune  
First Year B.Ed. Students List, - A/Y-2023-24  
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41	Sharma Roshni	Roshni		Roshni		Roshni	Roshni	Roshni	Roshni	Roshni	Roshni
42	Shelar Abhilasha	Abhilasha	Abhilasha	Abhilasha	Abhilasha	Abhilasha	Abhilasha	Abhilasha	Abhilasha	Abhilasha	Abhilasha
43	Shyla Haqq	Shyla	Ab	Shyla	Shyla	Shyla	Shyla	Ab	Shyla	Shyla	Shyla
44	Sonawane Chandrakant V.	Chandrakant		Chandrakant		Chandrakant	Ab	Chandrakant	Chandrakant	Chandrakant	Chandrakant
45	Thakare Punam Popat	Thakare	Thakare	Thakare	Thakare	Thakare	Thakare	Thakare	Thakare	Thakare	Thakare
46	Tiwari Jyoti Umakant	Jyoti	Jyoti	Jyoti	Jyoti	Jyoti	Jyoti	Jyoti	Jyoti	Jyoti	Jyoti
47	Tiwari Soni	Soni		Soni		Soni	Soni	Soni	Soni	Soni	Soni
48	Vedpathak Varsha V.	Varsha	Varsha	Varsha	Varsha	Varsha	Varsha	Varsha	Varsha	Varsha	Varsha
49	Waghare Rupali B.	Rupali		Rupali		Rupali	Rupali	Rupali	Rupali	Rupali	Rupali
50	Vanwari Tamana	Tamana	Tamana	Tamana	Tamana	Tamana	Tamana	Tamana	Tamana	Tamana	Tamana
51	Amrut Patil	Amrut		Amrut		Amrut	Amrut	Amrut	Amrut	Amrut	Amrut
52	Aryamane Uma	Uma	Ab	Uma	Uma	Uma	Uma	Ab	Uma	Uma	Uma
53	Attarde Sujata	Sujata	Ab	Sujata	Sujata	Sujata	Sujata	Sujata	Sujata	Sujata	Sujata
54	Behalpade Juhi	Juhi	Ab	Juhi	Juhi	Juhi	Juhi	Juhi	Juhi	Juhi	Juhi
55	Bhalerao Trupti	Trupti	Trupti	Trupti	Trupti	Trupti	Trupti	Trupti	Trupti	Trupti	Trupti
56	Bhalerao yogita	Yogita	Ab	Yogita	Yogita	Yogita	Yogita	Yogita	Ab	Yogita	Yogita
57	Chaudhari Kalyani	Kalyani	Ab	Kalyani	Kalyani	Kalyani	Kalyani	Kalyani	Kalyani	Kalyani	Kalyani
58	Chougule Manisha	Manisha	Manisha	Manisha	Manisha	Manisha	Manisha	Manisha	Manisha	Manisha	Manisha
59	Chavan Samrudhi	Samrudhi	Ab	Samrudhi	Samrudhi	Samrudhi	Ab	Samrudhi	Samrudhi	Ab	Samrudhi
60	Chavan Shradha	Shradha	Ab	Shradha	Shradha	Shradha	Ab	Shradha	Shradha	Ab	Shradha





Bharatiya Gyanvardhini Sabha's  
Kantilal Khiwansara B.Ed.College, Thergoan, Pune  
First Year B.Ed. Students List, - A/Y-2023-24  
Students Attendance (Co-Curricular Activities)

Roll No.	STUDENT'S NAME	Mahtma Gandhi / Lal Bahadur Sastri Jayanti	DR. APJ Abdul Kalam Jayanti	Induction programme	Bhondla Celebration	Diwali Celebration	National Mathematics Day	Savitri Bai Phule Jayanti	Swami Vivekananda / Raju Mata Jayanti	Makar Sankranti	Womens Day
82	More mangesh										
83	Nalawade Vishvajeet	Malawade		Malawade	Malawade						
84	Neha Pandey	NP	NP	NP			Malawade		Malawade	Malawade	
85	Pawar Shradha	Fawar	Fawar	NP		NP		NP		NP	NP
86	Pawase Triveni	P	Fawar	P		Pawase		Pawase	Pawase		
87	Rai sheetal	R	Sheetal	Sheetal	R		R	Pawase	Pawase	R	R
88	Raut Rajashree		Sheetal	Sheetal	R	Sheetal	Sheetal	Sheetal	Sheetal	Sheetal	Sheetal
89	Rohra Saanchi	Sanchi	Sanchi		Sanchi				Sanchi		
90	Shelar shruti	Sshelar			Sshelar		Sanchi		Sanchi	Sshelar	Sshelar
91	Shinde Swati	Shinde	Shinde	Shinde	Shinde		Shinde	Shinde	Shinde	Shinde	Shinde
92	Shrivastava Preeti										
93	Singh Kajal	Kajal		Kajal		Kajal		Kajal		Kajal	Kajal
94	Thorat Prajka	Prajka		Prajka		Prajka		Prajka		Prajka	Prajka
95	Tiwari Mansi	M. Tiwari		M. Tiwari		M. Tiwari		M. Tiwari		M. Tiwari	M. Tiwari
96	Tripathi Padmesh	PTripathi		PTripathi		PTripathi		PTripathi		PTripathi	PTripathi
97	Vaishnav Nikita	Nikita		Nikita	Nikita		Nikita		Nikita	Nikita	Nikita
98	Vispute Madhuri	Madhuri		Madhuri	Madhuri		Madhuri		Madhuri	Madhuri	Madhuri
99	Yadav Manisha	Manisha	Manisha	Manisha	Manisha		Manisha		Manisha	Manisha	Manisha
100	Yadav Seeta	Seeta		Seeta		Seeta		Seeta		Seeta	Seeta
101	Madhuri Gore	M.Gore		M.Gore		M.Gore		M.Gore		M.Gore	M.Gore

82      71      73      63      68      59      72      71      65      78

BGS's , Kantilal Khinwsara College of Education, Thergaon, Pune

**NOTICE**

Date -22/01/24

All student teachers are informed that under the **Course No. 112** There will be Lecture on **Stress Management** by **Dr.Prajakta Medhekar** , conducted on **27/01/2024** at 3pm So attendance is compulsory.

Head of Dept.

Prof.Jyoti Davkhar



Principal

Principal



## Lecture on Stress Management

Activity :-> Lecture on stress management

Taken By :-> Dr. Prayakta Medhekar.

Date :-> 27/11/2024

Time :-> 2 hrs.

Dr. Prayakta madam taken lecture on stress management. she explained firstly what is stress? How we have to manage it our day today life. Why it is needed to manage stress?

Which are the different way to manage stress? so all these questions answer are exp by madam.

### \* Stress Management \*

Stress management offers a range of ways to help you better deal with stress and difficult stress is an automatic physical, mental and emotional response to a difficult event. It is a common part of everyone's life.

Madam told some healthy ways to deal with stress. she told take breaks from

Watching, reading or listening to news stories including those on social media.

Take care of yourself, your body, make time to unwind, talk to others.

She told so many techniques for relaxation from stress. There are a lot of ways to cope with stressful situations. To get the most benefit try to incorporate these techniques into daily symptoms of stress.

### \* Stress Management Techniques \*

She told 10 techniques to manage stress

- Balance work and play
- Plan your day
- Stick to your plan
- Ask for help when you need it
- Use the positive energy of stress
- Deal with problems as they come up
- Eat good foods
- Get enough sleep
- Exercise every day
- Breathe exercise everyday

Prakta madam also told the omkara chanting also helps for manage stress. Do 10 min meditation everyday to calm stress.

## \* Relaxation Techniques \*

### 1) Autogenic relaxation :->

Autogenic means something that comes from within you. In this relaxation activity, you use both visual imagery and body awareness to lower stress.

### 2) Progressive muscle relaxation :->

Progressive muscle relaxation, you focus on slowly tensing and then relaxing each muscle group. This can help you focus on the difference between muscle tension and relaxation.

Physical techniques like be physically active

- Eat a healthy diet
- Improve sleep habits
- Stop using substances
- share your feelings
- seek help
- Take control
- learn to say "No".



## \* Types of Stress Management \*

\* **Acute Stress** :- This is short-term stress that goes away quickly. You feel it when you slam on the brakes, have a fight with your partner, or ski down a steep slope.

\* **Chronic Stress** :- This is stress that lasts for a longer period of time.

\* **Positive Stress** :- [Eustress] :-

Eustress is what energizes us and motivates us to make a change.

\* **Negative Stress** [Distress] :-

It is stress that negatively affects you. Getting divorced, losing a loved one, serious injury, illness.

\* 4A of stress management \*

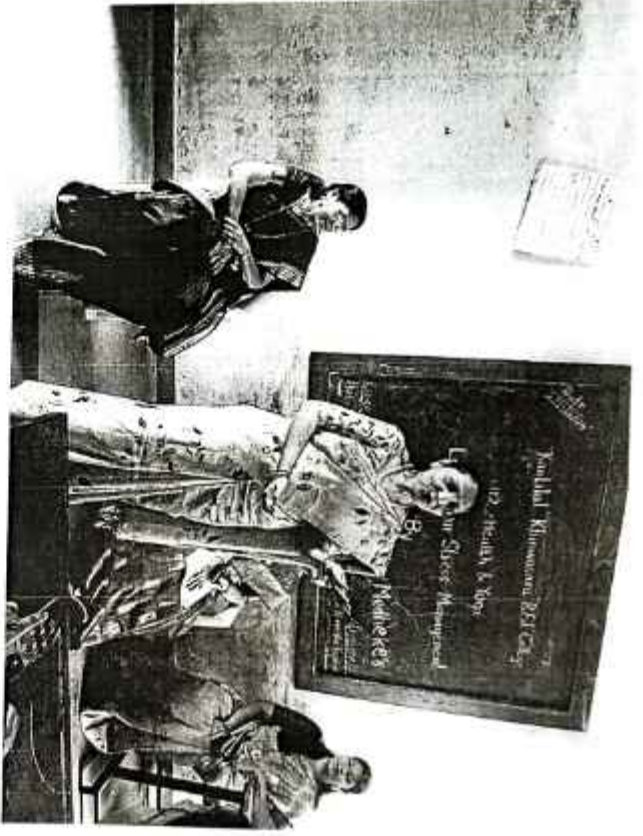
**AVOID** :- unnecessary stress

**ALTER** :- the situation

**ADAPT** :- to the situation

**ACCEPT** :- the things you cannot change.





1) Kajal Singh

- 2) Roshni Sharma
- 3) Saanchi Kohra
- 4) Snehal Kakade
- 5) Sneha Kulkarni

- 6) Amruta Kulkarni
- 7) Smita Ingle

- 8) Nikhita Kamble
- 9) Punam Sravale

- 10) Ashwini Chalse
- 11) Shivani Dubey
- 12) Savita Rathi

- 13) Adhar Kamini
- 14) Triveni Pawase

- 15) Jagyashri Ainaपुरे
- 16) Gauri Dhumal
- 17) Manisha Chougule
- 18) Swati Shinde
- 19) Tanushree Das

- 20) Yogita Bhalerao
- 21) Sneekha Ingle
- 22) Supriya Jadhav
- 23) Manisha Yadav
- 24) Vaesha Vedpatil

Kajal

Roshni

Saanchi

Snehal

Kulkarni

Kulkarni

Ingle

Kamble

Sravale

Chalse

Shivani

Rathi

Kamini

Pawase

Ainapura

Dhumal

Chougule

Shinde

Das

Yogita

Ingle

Jadhav

Yadav

Vedpatil



	Arushi Jernandis	Arushi
	Arushi Dingu	Arushi
	Arushi Yadav	Arushi
18)	Arushi Pawar	Arushi
19)	Niketa Vaishnav	Niketa
20)	Shraddha Pawar	SRP
11)	Tarvi D. Gavhane	Tarvi
12)	Shelar. Shreuti	Shelar
13)	Shelar Abhilasha	Shelar
14)	Himanshu Shekhar	Himanshu
15)	Tupti Bhalerao	Tupti
46)	Gayatri Dighe	Gayatri
47)	Priganka Chandanka	Priganka
48)	Neha Shekha Pandey	Neha
49)	Km. Arushi	Arushi
50)	Soni Trivani	Soni
51)	Kajal Kote	Kajal
52)	Sheetal Rai	Sheetal Rai

# महिलांनी महिलांच्या मागे शक्ती म्हणून उभे राहावे

भारती चव्हाण : थेरगावात 'महिला सबलीकरण' विषयावर व्याख्यानमाला

वाकड, ता. ५ : पुस्तकातील उदाहरणे वाचून महिला सबलीकरण साधत नाही, महिलांनी एकत्र येत संघटितपणे कार्य करणे गरजेचे आहे. सबलीकरणासाठी महिलांनी महिलांच्या मागे शक्ती म्हणून उभे राहण्याची गरज आहे, असे मत मानिनी फाउंडेशनच्या संस्थापक अॅड. भारती चव्हाण यांनी व्यक्त केले.

भारतीय ज्ञानवर्धिनी सभेचे कांतिलाल खिंवरसरा बी.एड. महाविद्यालय आणि सावित्रीबाई फुले पुणे विद्यापीठ आजीवन



थेरगाव : मार्गदर्शन करताना अॅड. भारती चव्हाण व मान्यवर.

अध्ययन व विस्तार विभाग यांच्या वतीने 'महिला सबलीकरण' या विषयावर व्याख्यानमालेचे आयोजन करण्यात आले.

व्याख्यानमालेसाठी संस्थेचे अध्यक्ष एस. एस. तिवारी, महासचिव सोनल तिवारी, पोलिस कर्मचारी

सुप्रिया पारसे, प्राचार्या डॉ. निर्मला तापकीर आदी उपस्थित होते. मुली व महिलांनी स्वसंरक्षणाचे धडे घ्यावे, महिलांनी त्यांच्यावर होणाऱ्या अन्यायाविरुद्ध योग्य ठिकाणी दाद मागितली पाहिजे, तेव्हाच दामिनी पथक अपेक्षित कारवाई करू शकते,

असे पोलिस कर्मचारी सुप्रिया पारसे म्हणाल्या.

महिला सबलीकरण की अबला, महिलांना आर्थिक स्वातंत्र्य तसेच सबलीकरणामुळे होणारे फायदे आणि तोटे, स्व-संरक्षण या मुद्द्यांवर प्रश्नोत्तर स्वरूपात चर्चा घडवून आणली व मार्गदर्शन केले.

समन्वयक प्रा. ज्योती डावखर, प्रा. वर्षा लंबाते, प्रा. नीता पुरी, प्रा. मृणालिनी पाटील, प्रा. सुरेखा राजवंत, प्रा. शैलजा चतुर्वेदी, प्रा. सुनील खंडाळे, दिनेश केंजळे आदींनी संयोजन केले.